

Steps to Get Creative RAHUL SACHDEV

SURYA RAMACHANDRAN

CAROL INSKIPP Birds of Shuklaphanta **National Park** LADAKH **Diary of a Naturalist**



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PULSE



arm greetings to all.

We are back after a very long hiatus!

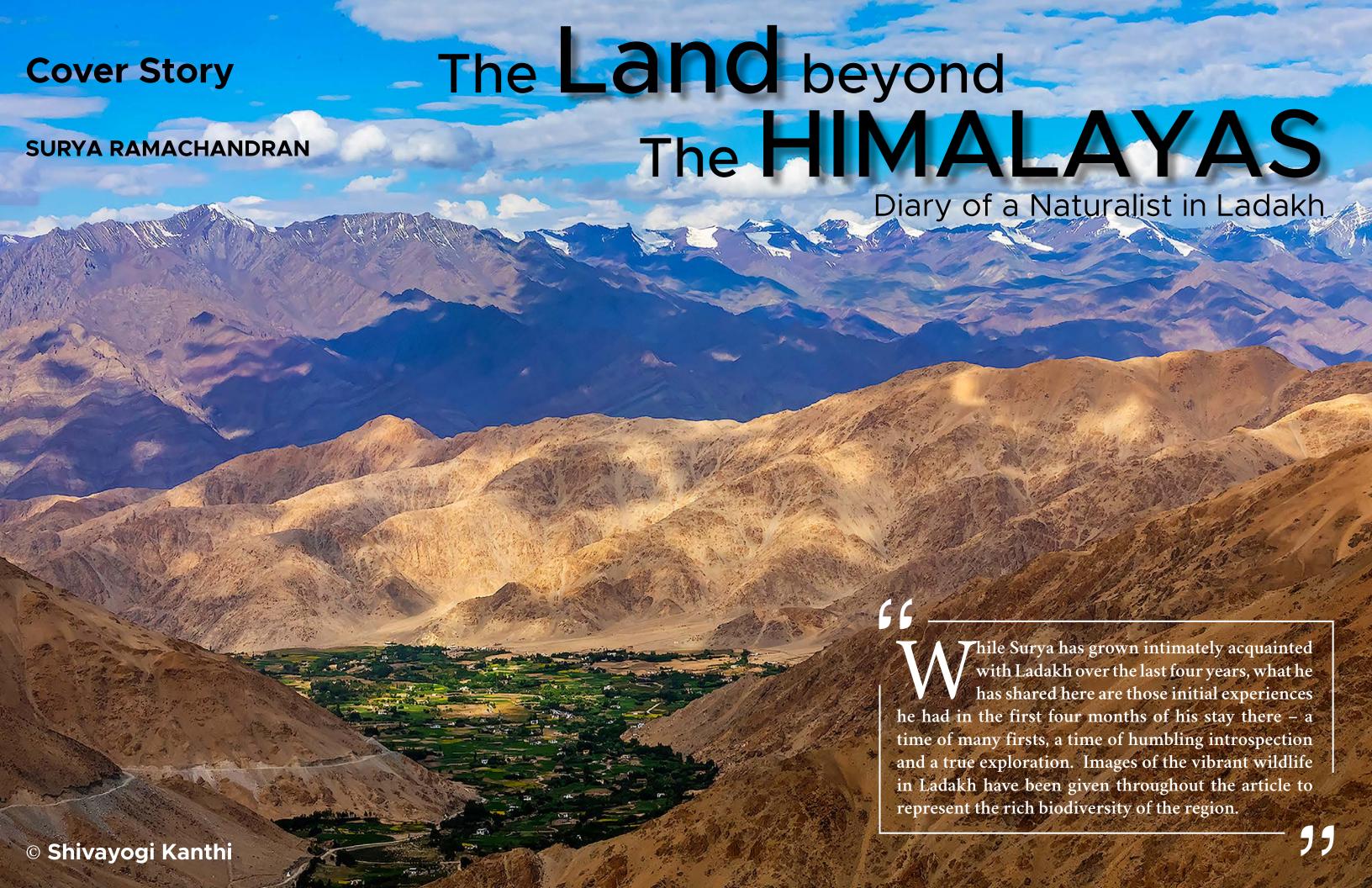
We have faced a lot of hurdles and adversities in the intervening time. The magazine suffered regrettably as a consequence. But the irrepressible desire to enrich ourselves as well as our fellow wildlife enthusiasts has culminated in this new issue. We sincerely hope to persevere in our fullest capacity in the future.

Wild Sojourns Magazine aims to initiate and promulgate awareness about the rich nature we are bestowed with. This is a non-profit venture whose only aim is to propagate knowledge. We thank all the friends, well wishers, authors, contributors and readers from the bottom of our hearts.

We are at war! We are fighting against an invisible enemy in the form of a global pandemic, which has inevitably affected all walks of life. This crisis has also had a profound effect on nature and wildlife. While the world is crawling back to normalcy, after being devastated by disease, lockdown and economic meltdown, nature seems to be retrieving her territory. Wild animals are wandering near urban cityscapes stepping beyond the comforts of their forested homes. There is a strong focus on global wildlife trade, which is showing a decline, albeit temporarily. Wildlife Tourism, which is a huge industry on its own, too has felt the impact of this pandemic. As the "new normal" protocols are being addressed and restrictions are being lifted we need to introspect. God willing, current circumstances will allow us to reconsider our lifestyle and our relationship

with nature and make the requisite changes that are absolutely essential.





Nov-Dec 2020

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"Map of Ladakh to help orient oneself with the rest of the article. It features the Indus Valley and Leh town sandwiched between the Zanskar and Ladakh mountain ranges, the Nubra/Shyok Valley further north between the Ladakh and the Karakoram ranges. The high Changthang Plateau lies to the east with its vast open landscapes, large lakes and marshes. The other big cities include Kargil and Dras, lying to the west of Central Ladakh, located between the Zanskar and the Karakoram ranges".



three constants while exploring high altitude started from scratch.

trans-Himalayan scape of Ladakh. That was the case on 6th of July 2017, save for one vital, perspective-shifting difference - I was watching my first Snow Leopard - correction - first six Snow Leopards in the mountains around Ulley, a small settlement in Central Ladakh. Two mothers with two sub-adult cubs each, were resting on opposite ridges. My friends and field companions, Tsewang Norbu and Gyalpo Khingru and I were ecstatic. This was everything I had imagined wildlife viewing in Ladakh to be, all those years ago when I dreamed of Ladakh while living in a tropical coastal city. It's pertinent to mention that I had already spent three months walking through these valleys and ridges alone, in search of these cats, with no results. I had spent close to eight years as a naturalist in the Western Ghats and the tiger landscapes of Central India and this, perhaps, had led to an overdeveloped sense of confidence in my tracking abilities. Nothing had quite prepared me for this whole new world I was in. Those initial

Laboured breath, sharp intakes of icy wind and months in Ladakh served as quite the reality the warmth of cheerful mountain folk are the check that I probably needed and ensured that I **ARRIVAL**

It was my first time in Ladakh. I had left behind an exciting life in Central India in search of greater heights (literally). My assignment - team

up with the Snow Leopard Lodge and figure out possibilities for wildlife viewing in the nonwinter months, focused on large carnivores like Snow Leopards, Brown Bears, Wolves, small

> cats and several others. I was given the freedom to explore and go in search of these incredible beasts - an exercise that was a reward in itself. It was perfect. I arrived in Ladakh prepped with one month's worth of knowledge garnered from essential readings on Ladakh - The Field Guide to Ladakhi Wildlife by Otto Pfister, Crossroads of High Asia by Janet Rizvi and some Peter Hopkirk history lessons. It was an early morning flight and I dozed off despite my excitement. I was woken up by the captain's landing announcement and found myself staring out the window of that aircraft, stark new land that was going to be my home and office. I was received by David Sonam, Managing Trustee at the Snow Leopard Conservancy India Trust (SLC-IT), who grew to be my friend, mentor and father figure for the months and years that followed. I spent the first few days acclimatising, which is absolutely vital for anyone arriving into Ladakh - and was packed off to Ulley once I was cleared for travel by David.





FIRST EXPLORATION IN THE MOUNTAINS

Ulley is a tiny hamlet made up of just six houses, nestled in the Ladakh Range to the north of the river Indus. It's about two to three hours driving distance from Leh. Ulley is where the road ends and beyond it lie the high summer pastures of the Yak and Dzo. The Snow Leopard Lodge, originally a homestay owned by one of Ladakh's top Snow Leopard trackers, Tsewang Norbu became my home. It was designed to facilitate the promotion of conservation tourism as a means to preserve Snow Leopards and their ecosystem, by putting tourism revenue directly into the local community.

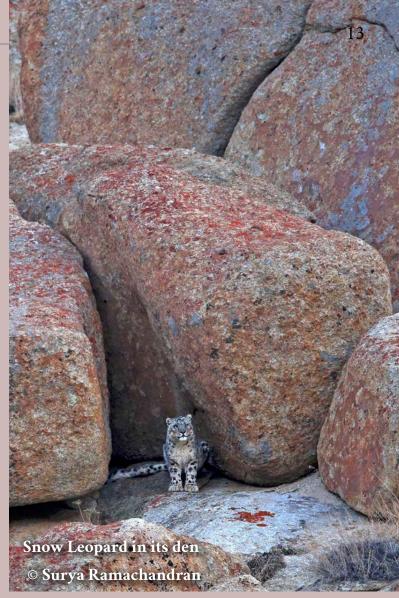
This is fantastic Ibex country with herds constantly in view on the slopes facing the hamlet. There are few sights more evocative than a magnificently horned male Ibex standing vigil on impossibly narrow outcropping, thousands of feet over a plunging cliff. Apart from the high numbers of Snow Leopards, the area was also known for healthy populations of Ibexes, Urials, Wolves, Himalayan Foxes, Bearded Vultures, Golden Eagles, other raptors and trans-

Himalayan endemics.

While waiting for a formal orientation to the landscape, I took my first walk around the village. Magpies were omnipresent - on wires, rooftops, Hippophae shrubs, on the ground foraging around cattle pens and occasionally on the mountainsides.



Noisy flocks of Chukar, a small beautifully patterned Partridge, peppered the landscape all the way between Leh and Ulley occupying scree and rock slopes and homestead yards. Robinand Brown Accentors and Twites foraged on the ground and among houses in the morning, and then melted back into the mountains. Rock Buntings, a summer breeding migrant, preferred the rocky slopes dotted with minimal vegetation. Sizeable flocks of finches were often seen as they flew over. Species were easily told by the distinct wing patterns, shape, size and call. The more elusive ones were the Great Rosefinches. only outdone by the extremely beautiful, but ever skulking White-browed Tit Warbler who tended to be active among the dense thickets. I discovered the Rosefinches soon enough, but it took a few hours to locate a Tit-Warbler. Incidentally, the first one I saw was thanks to a passing Feral Cat, who flushed it on to the top of a bush. Most birds restricted themselves to the ground, the slopes, the Hippophae, Wild Rose and Myricaria shrubs and were seldom seen among the planted groves of Poplars and Willows. Bird numbers in the mountains were generally low, making each bird I saw a special well-earned lifer.



Once Norbu handed me the route maps I began the longer walks. It was unfortunate that he couldn't join me because he had farming duties to attend to. I can't say if it was the altitude or my initial disorientation compounded by difficult terrain in those early days, but every rock or inexplicable shape on the mountain-side magically transformed into a Snow Leopard in my eyes. Perhaps it was my deep yearning to see one that made me see them everywhere. Something that no one really speaks about when describing the experience of wildlife spotting in these parts is the perception of distance. When scanning a mountain slope, how big a cat am I looking for? When refocusing my binoculars higher up the slope, how much further am I actually moving along the depth of field and consequently, how much smaller will the cat appear in this new belt?

Himalayan Red Fox



Red Fox is known as "Watse" in Ladakhi language. Red fox is the most widely distributed wild canid in the world. In India, there are three subspecies of Red Fox. Two of these, "Vulpes vulpes montana" and "Vulpes vulpes griffithii" are found in the Himalayas and trans-Himalayan region of India. Other species is the Desert Fox.



I realised that this was a personal phenomenon, which no one could help me with. I would be able to train my sense of perception only with time and regular wildlife viewing effort. And I am so glad, I had to figure this entire thing out for myself, because this initial grounding laid the foundation of my ability to work and guide in this Martian landscape.

I walked every single day, over long and short distances into the mountains, valleys and high pastures. Ibexes were the first mammals I was able to decode. Soon I was able to spot herds, know when they descended to the brook for water and where they spent the nights. The herds were mostly females and some young. The males restricted themselves to the higher slopes above the pastures and descended during winter, in time to rut in December. The rocky banks of the

glacial stream that ran down the main valley was always the most productive walk. Dippers, both Brown and White-throated, were always around. Large flocks of Fork-tailed Swifts and Eurasian Crag Martins nested in the eroded mud slopes above the stream.





Hill Pigeons. This was the only time of year I saw Snow Pigeons in great numbers. The birds disappeared in the autumn and winter months, except for a few stragglers that teamed up with the Hill Pigeons.

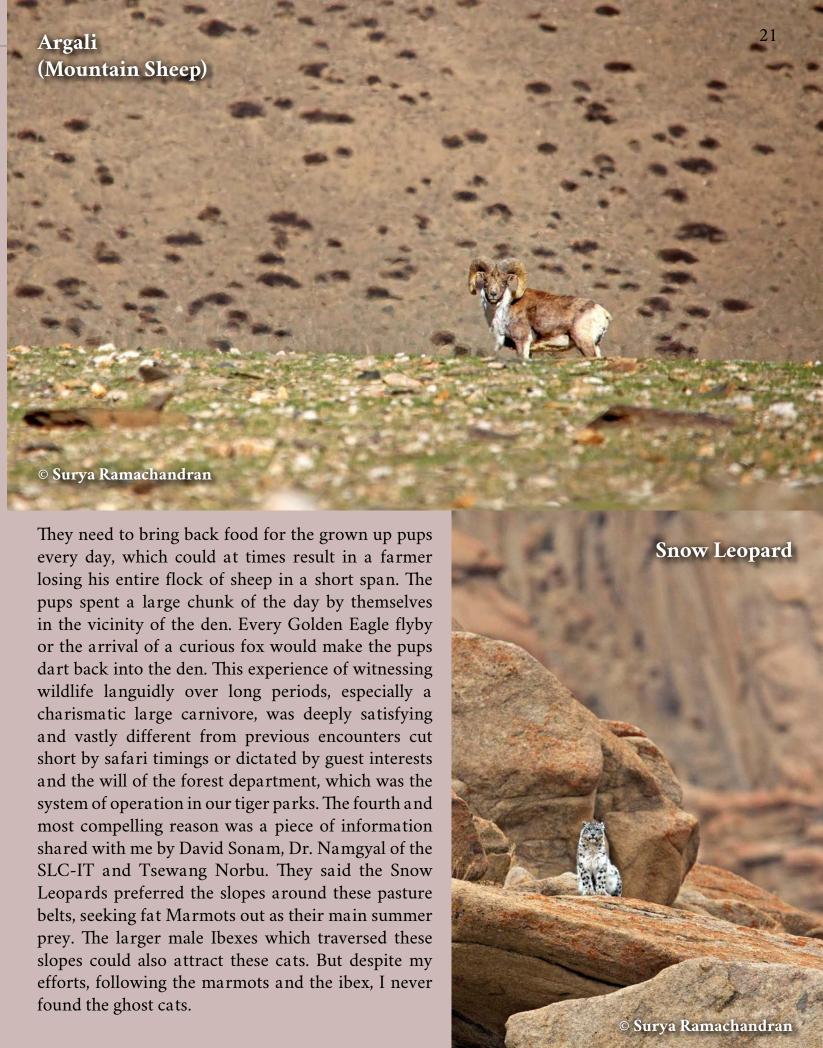
The grassy slopes along the streams and the high pastures were fantastic Marmot and Pika country. The former hibernates in deep burrows through winter and resurfaces to actively reengage in spring. The latter, the Large-eared Pika is well adapted to handle the harsh winters, thanks to its intricate tunnels. It is known in specific chambers and defecate in others to create a natural warm spot.

Surya Ramachandran



Four things kept me returning to the high pastures. One was the beautiful Tso Ralpa, easily the most stunning blue lake in the region, besides which I spent many happy hours alone tucking into sandwiches and coffee. The second was the incredible butterfly diversity in the floral beds of the pastures. This is where endemics like the Ladakh Clouded Yellow, Dull Green Underwing and the dainty Apollos could be spotted. The third was the denning of Tibetan Wolves (or Himalayan Wolves) at the edge of the pastures. This was their usual spot, discovered by the intrepid Norbu a few years earlier. It was a nondescript burrow on a sandy slope, given away by the sentry wolf sitting next to it. It became a weekly ritual to walk up to the pastures, sit at a vantage and watch the newest pack members. The adults would return two or three times a day with meat, likely some poor farmer's sheep lifted from the surrounding villages, which they regurgitated for the little ones. In years gone by, wolves, especially wolf dens, once discovered, were not spared by the locals as this was the time they caused maximum damage to livestock.







I rerouted my walks and camera traps to the valleys, to trails where Snow Leopards were regularly seen in the winter. My assumption, backed by Norbu's agreement, was that like Tigers and Leopards, these cats are territorial and that it was highly unlikely that they'd abandon their regular scent marking spots even on valley floors. I saw my first track on day one in Spango Valley, enroute to a rock face that the cats used to rub their cheek glands and spray their scent. It was nothing like the deep imprinted large cat tracks seen in Kanha or Satpura that I was accustomed to. This was an insipid shallow depression in the

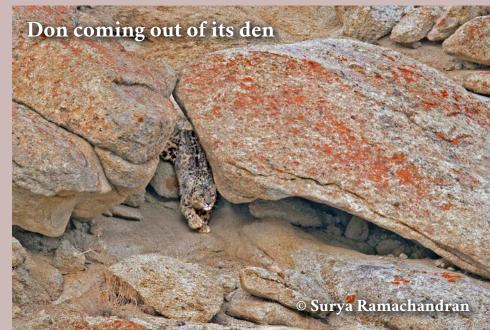
and stride length. It had taken me a month to find this track and it felt like I had struck gold. The tracks of the cat led straight to the rock that Norbu had indicated to me. Signs of old Snow Leopard scat and scrape signs were all over, along with evidence of past camera trap placements. Some scrapes looked darker than others and on the rock I found a few strands of grey hair, possibly from when they rubbed their cheek glands. Such intimate examination of the ways of the Snow Leopard, the ghost cat that had rightfully earned

its mythical status, was beyond thrilling. I set up my traps, scanned the steep slopes and returned to camp.

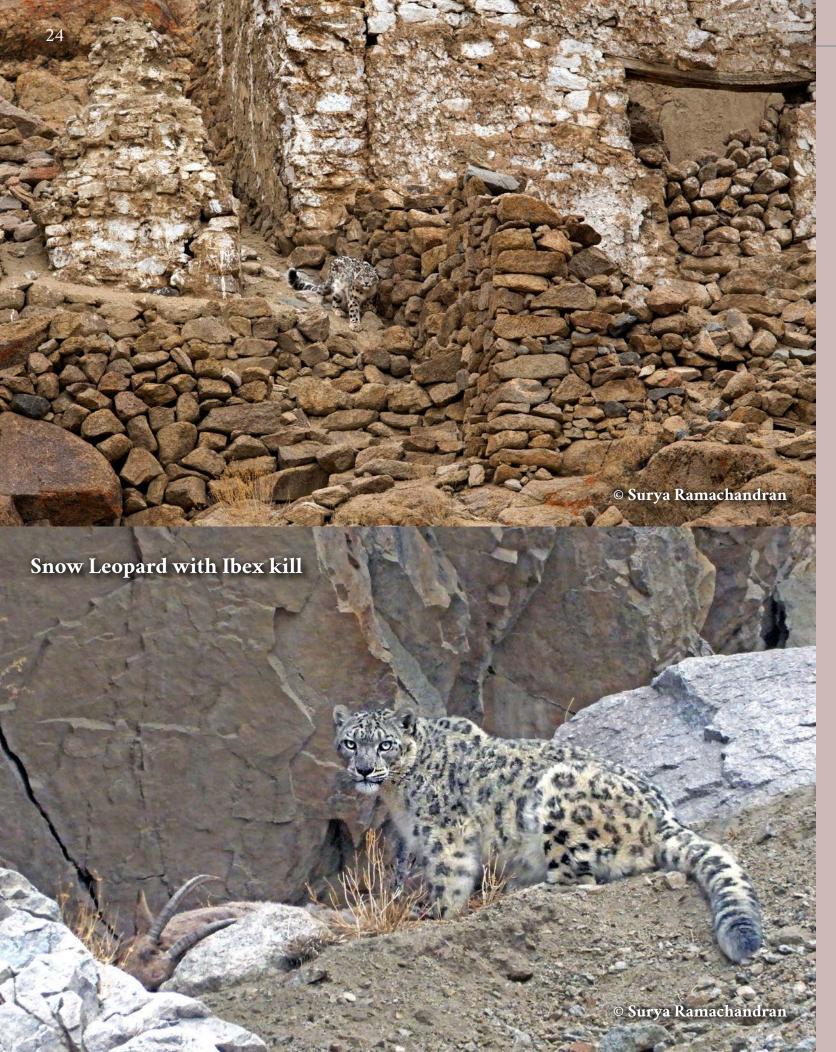
The next morning, I couldn't help, but run back to that spot to check the traps. Ideally, a trap should be left undisturbed for at least a week. But I was exploring for the joy of it, and not as a researcher attempting to collect accurate scientific data. By the time we entered the valley we had already seen two herds of Ibex, a few Himalayan Snowcocks, a Northern Goshawk, a fox and a Mountain Weasel. Then Norbu stopped to examine a track in the ground.

He asked me if this is where I saw tracks the take that break.

previous day. It wasn't. This was a slightly larger pad and looked far cleaner and fresh! We followed it all the way to the camera trap. We had our cat. My first Snow Leopard, albeit on camera trap. We fired up our laptops, set up the cards and went through the clips. And there she was, a beautiful female Snow Leopard, marking the very same spot on the rock, her tail high up in the air, vibrating as she sprayed her scent. It was a thirty second clip which ended with her walking towards the camera. The last clip began with her tail leaving the frame, followed by two smaller fur balls entering the frame, her cubs. loose shale, made a little more obvious by the size I couldn't believe what I had missed by fifteen



minutes. They tried to mimic their mother's scent marking postures and then scrambled offcamera, following her as she familiarised them with the trails she had walked all her life. I found an interesting mix of emotions that took over me at that moment. I was overjoyed by the sight on camera, frustrated that I hadn't spotted them the previous evening and a part of me suddenly wanted a break from this. We set up the cameras again in different spots and returned to the lodge. After a few weeks of this routine, walking more valleys, capturing close to 9 different cats on camera traps and still seeing none, I decided to









crossing the high pass of Taglang La where we eyes. would come across Tibetan Snowcocks, the more beautifully patterned cousins of the Himalayan Snowcocks I saw at Ulley.

Crossing landscape barriers like Taglang La or even the Indus valley was significant for many reasons. Ladakh supports a fascinating mix of species that have migrated into the area, traversing through valleys over the years. The examples of this mix are everywhere, from the four species of Pikas, the Woolly and Cape(Desert) Hares, the four species of wild sheep and goat, the wild yaks, the Tibetan Antelopes and gazelles, the Himalayan and Long-tailed Marmot, bears, the two snowcocks and many partridges, the cats and even the floral composition of the landscape, something Ladakh showcased in myriad colours

In the next few weeks, I teamed up with Stanzin in the summer months. It is fascinating to take a cross country drive through Ladakh from Dras to Hanle and see this species drift with one's own

> The Himalayan Snowcock is a large grey partridge-like bird, 55-74 cm in length. The white throat and sides of the head are bordered by chestnut moustachial stripe and a dark broad chestnut band stretching from the eye over the ear, expanding into the collar. The upper parts are grey, with feathers of the rump and the wings are bordered with rufous.

The Tibetan Snowcock is smaller than Himalayan Snowcock, this species has a grey head and neck with a white patch behind the eye and above the dark cheek. Chin, throat and breast are white, with two grey bands on the breast.





On this journey through the Changthang region (literally translated as the Western extension of Tibet), a high plateau averaging around 4500m asl., we encountered many such landscapes that have influenced this mix of species. Marshes and valleys like those at Tsokar and Tso Moriri were teeming with life. The mix of fresh and brackish water and the grassy loose-soiled banks supported a vast diversity of breeding birds and animals. The Voles, small rodents that dig up the soil and feed on vegetative matter, formed the basis and support system for this high diversity, both as an abundant prey base and as a habitat creator. Pairs of Black-necked Cranes nested on mounds throughout the marsh, while Barheaded Geese and Ruddy Shelducks grazed among the banks alongside Sandplovers, Tibetan Sandgrouses and Marmots. The deeper waters were infested with large flocks of Pochards, diving ducks and Grebes. Saker Falcons, Upland Buzzards, Eurasian Eagle Owls, Kestrels, Hobbies, Little Owls and Ravens also breed here, attracted

by the plentiful prey. Specialist ground feeding birds like the Hume's Groundpecker, Blanford's Snowfinch and the Mongolian Finch can be seen feeding among the banks and further up on the scree slopes. Tibetan Partridges, those beautiful reddish brown chicken-sized birds, breed in the high slopes around these marshes, and are best seen in winter when they descend to low valleys. The slopes were dotted with Pashmina Goats herded by their Changpa owners from pasture to pasture, competing with the Kiang or the Tibetan Wild Ass that depend heavily on these pastures. Wolves, Himalayan Foxes and even the Tibetan Sand Fox can be seen here regularly, moving among the marshes and pastures. The fresh water lakes and the stream inlets bring the Argali and the Bharal down once a day for a drink. The slopes around Tsokar and Yayatso are great spots to observe the Argali in their element. Apart from these areas, smaller populations exist around Gandha La in the National Park, Daath and other valleys of Changthang.



Ladakh, dotted with some of the World's most unique and spectacular wetlands, also holds the distinction of being the only known breeding ground of Blacknecked Crane (Grus nigricollis) in India. Most of these wetlands are of glacial origin and remain frozen from December to March.

Birds of Ladakh

Home to some of the most unique avifauna, more than 300 species have been recorded in Ladakh. The unique habitat is an important breeding and feeding ground for birds during the short and dry summer months. It also serves as an important staging ground for birds while they are crossing the mighty Himalayan range during the spring and winter migrations.

On the basis of the time of occurrence, four bird groups have been identified in Ladakh (Pfister 2004). They are:

Resident birds - This group comprises species adapted to high altitudes. They breed in summer primarily at very high elevations and retreat to the lower valley bottoms during the harsh winter months.

Summer visiting birds - Arriving in huge numbers from the South Asian plains and the Tibetan plateau, these birds use the high- altitude steppes, wetlands, meadows and fields as breeding ground during April and May. As winter arrives, they return to their warmer wintering areas.

Wintering birds - October marks the arrival of the smallest group of birds from northern breeding grounds. They are known to return to their breeding ground in the months of April-May.

Migrant birds – This group is considered to be the largest and most diverse of all four. These birds can be observed for a short period of time in the region during the spring and autumn migrations. Migratory birds frequent the central and eastern regions of Ladakh more than the western region.

Ref: http://awsassets.wwfindia.org/downloads/ field_guide_birds_of_ladakh.pdf

Black-necked Crane

© Shivayogi Kanthi



© Surya Ramachandran



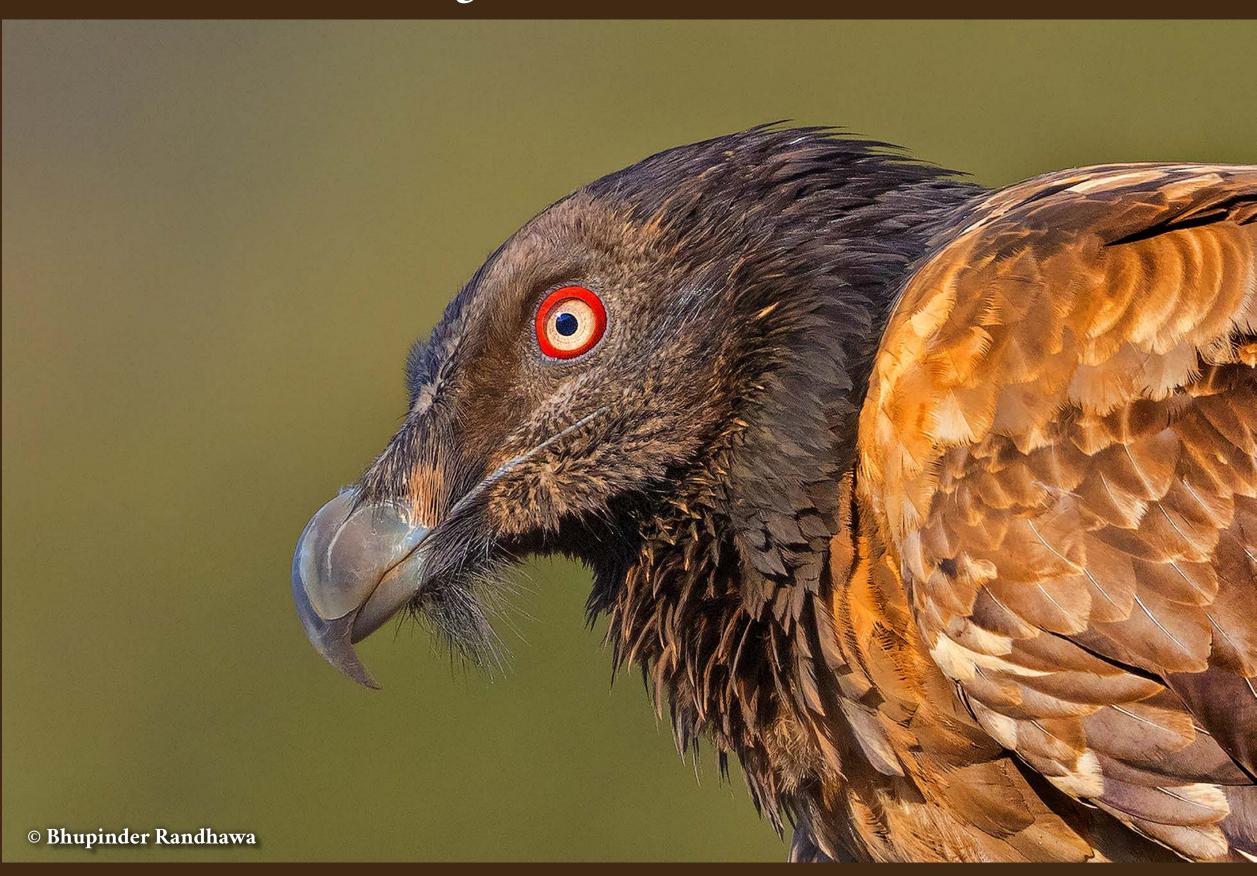


Lammergeier aka Bearded Vulture

Hanle was another interesting marsh further south-east from Tsokar and accessed by following the Indus upstream to the border. We encountered a Lammergeier here. This is one of the most prevalent raptors in ladakh. It can be sighted at Hanle, Chushul, Tsokar, Puga, Lungparma, Nyoma, Loma, Suru and Zanskar.

This high plateau and marsh habitat supports an interesting mix of species including the Pallas's Cat, an odd looking small cat that takes refuge in the rocky hillocks around the marsh. Tibetan Lark, a large-billed stout bird, is restricted to the areas around this marsh as per current records. Tibetan Gazelle, a population that numbers around fifty animals, roam the higher windy plateaus, especially the one at Kalaktaltal. Stanzin's keen eye and insights clearly made all the difference every time we spotted a wild being.

The journey through Chanthang, encompassing Tsokar, Daath, Pholong, Tso Moriri, Hanle, Saga and Pangong Tso opened my eyes to the geological diversity of this landscape and the distribution of species. We even squeezed in time to explore the "Tsoks" or the thick scrub jungles that dot the floor of Nubra Valley, another stronghold of the Lynx. We came across Cape Hare, Nubra Pikas and many species of birds including Titwarblers, Scrub Warblers, Rufous-tailed Rock Thrushes, Blue Throats, Wagtails and others that prefer to breed among the scrub-marsh habitat mix that is found here.

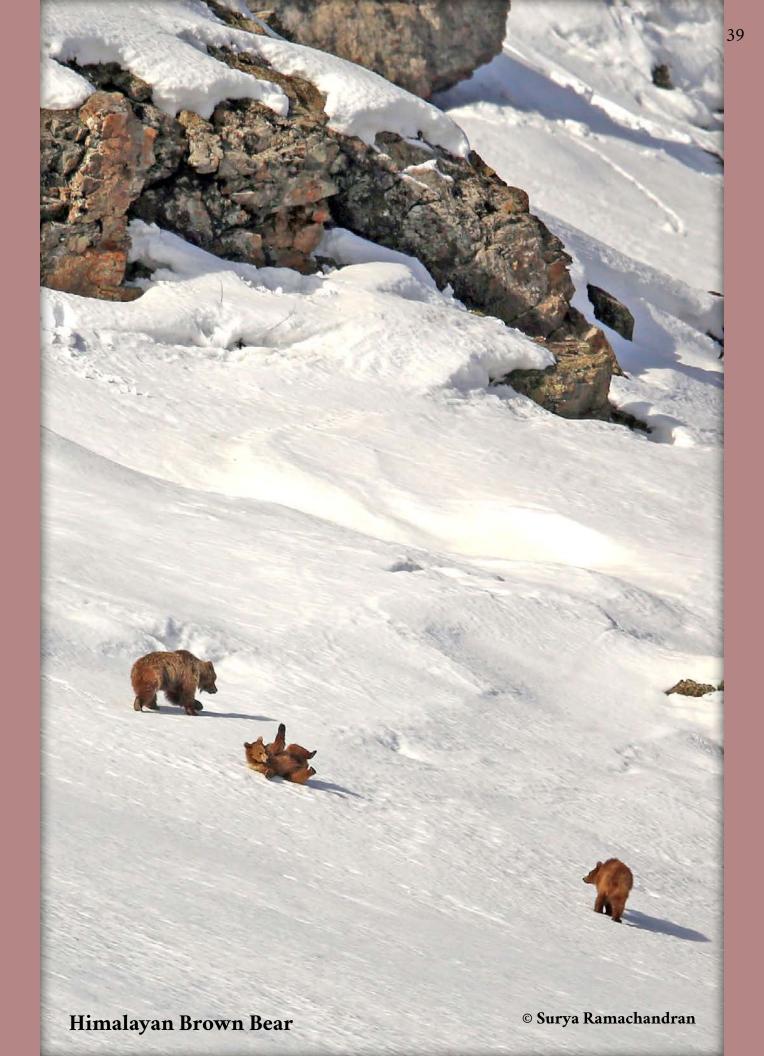


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Exploring Western Ladakh was another story altogether, with the landscape turning greener, wetter and overall more familiar to someone like me whose roots lay in Central and South India. The lifestyles and cultural mix of people to understand ground realities and also walk too was very different here. We drove down the around the hill slopes in search of bears. We saw Indus Valley to Kargil and Dras, spotting our first Eurasian Otter among the blue waters enroute. We teamed up with our friends at Roots Ladakh - Muzammil, Tafazzul, Nissar, KJ and explored the magical Suru Valley. This was a birder's animal I had come across. They were able to seek heaven with Tibetan Blackbirds, Goldfinches, Redstarts and Finches all over the green valley floor. We came across our first Long-tailed Marmots here and interestingly, totally by surprise, our first Himalayan Brown Bear. This was a large male of a species that is considered to be the largest land carnivore on the subcontinent. Conflict with the bears was omnipresent here, especially in the summer and autumn months, the times when bears emerge from and return slowly taking shape.

back to hibernation. A local forest guard, Ahmed Ali, directed us to a village near Dras with some of the highest reports of bears in the area. We decided to spend a few days here, talk to villagers plenty, including cubs and large adults and were able to glean insights on the plants they feed on during the day and the houses that they raided at night. The bears were smarter than any other out food storages and even work the bricks one by one to stealthily approach their prize. They occasionally took goats and even donkeys owned by the villagers. Overall, the area needed someone to intervene and talk to the villagers and maybe set up something similar to what SLC-IT setup in Central Ladakh and even the Rangdum areas of Zanskar. The team at Roots did take this up passionately after the visit and the process is





Nov-Dec 2020

Ladakh Pika





The blue Indus

BACK TO ULLEY

I returned to Ulley after a month of travelling, to find a greener village and valley. The rose bushes had bright red rose hips dangling from their tips, a juicy supplement which almost every to willingly, through summer and autumn. A was free from his farming responsibilities. Gyalpo, a friend of David's, also came along to

drop me at the lodge.

We ate lunch, caught up on my adventures with Stanzin and decided to go and retrieve the camera traps. The traps had clicked over 7 different cats animal, including wolves, leopards and birds take on multiple occasions in the last month. Snow Leopard tourism, restricted to the winter months, defining difference on this visit was that Norbu at least in Ladakh, seemed a strange thought to me. They were everywhere! But the truth was, I had still not seen any cat in Ladakh.

That same evening, Norbu decided to join me as That evening I knew I was hooked! I guess I had I scanned the range from the front yard of his house. I honestly didn't expect much after the results of my long sojourn in the previous months. But to my surprise, within seconds I heard Norbu utter the magic word "Shan!". I almost pushed him off the scope in my excitement. I was looking at a part of a ridge to the east of the village, a high pass called Lungmoche. The familiar shape of the pass was broken up by two pairs of ears. And Norbu had picked that out! No wonder I never found a cat on my own. While I was staring at the cubs, the mother stepped out from behind a rock. It was perfect. While I reveled at that moment, Norbu uttered the magic word again. He had found another family, on a higher ridge, with just his binoculars. Four months of nothing, and now here I was with six cats. I watched them walk the ridges till sundown, silhouetted against the waning brightness of the evening sky and ended my day celebrating with the entire team that made my stay and this evening possible.

been, from the day I had landed in Leh. It has now been four years of working with David, Norbu, Stanzin, Gyalpo and the team. Four cold winters, warm summers and short rainy spells in between. Many cats were seen, including a few Lynxes and Pallas's Cats. In this time the team and I have come a long way in understanding this stark wilderness and the Snow Leopards that thrive within. But it's those initial four months, those testing but wonder-infused days and those first awe-filled journeys that I look back on, whenever I am asked to talk about Ladakh.

© Surya Ramachandran

Surya Ramachandran is academically an engineer from Chennai. After his college days he decided to head into the wilds of Central India as a naturalist, spending time in Satpura, Kanha and Kuno Palpur and in due course authoring the Photographic Guide to Central Indian Wildlife. The last four years of his life has been spent in the mountains of the trans-Himalaya of India exploring possibilities to work with the community in setting up snow leopard and brown bear tracking operations. His core interests lie in understanding microhabitats and stories of ecological relationships of the places he visits. He is widely travelled in the subcontinent, with the personal focus areas being the cold deserts of Ladakh, the deserts of Western India and the Western Ghats. He is currently completing a comprehensive wildlife guide for the South Indian states.





Pittas of Borneo

Pittas occuring worldwide and 10 of them can be found in the island of Borneo. 3 of them are endemic to the region. Blue-headed Pitta, Blue-banded Pitta and Black-and-crimson Pitta.



Mohit Ghatak

What are the shyest and most beautiful birds on the rainforest floor? No contest, they are the Pittas. They are gorgeous, with their bright colours, patterns and arcs sweeping over their eyes. Pittas are small to medium-sized, terrestrial birds. They are usually plump, having longish legs with a short tail. The head is characteristically large. They are very colourful, extremely shy and not very co-operative to photographers. They run over leaf litters and feed on the invertebrates on the forest floor.

My first encounter with a Pitta was in Vietnam, a migratory Blue-winged Pitta. It was a fleeting view after a lot of hot pursuit. I was hooked and believe me, it was love at first sight!!! Richly colourful and yet highly elusive, they are my favourites.



endemic to the island of Borneo. Also known as the Black-headed Pitta, Black-crowned Pitta, Black-and-scarlet Pitta or Black-crowned Garnet Pitta, it is a brilliantly coloured, ground-dwelling Pitta. Earlier grouped with Garnet Pitta, it has been separated as a full species now. Endemic to the very place, it is a locally common resident in the lowlands. It has been classified as a "Near Threatened" species due to gradual decline in numbers.

Black-and-crimson Pitta(Erythropitta ussheri) is



Blue-winged Pitta(*Pitta moluccensis*) – Uncommon non-breeding visitor and possible resident throughout. This image was shot in Thailand.



The island of Borneo lies at the edge of Pittas of Borneo, including a sleeping Black-and-South-East Asian region next to Wallacea(the crimson Pitta in the middle of the night, cuddled interchange zone) with the Australasian region. It is divided in three countries - Brunei, Malaysia and Indonesia. In Malaysia, two states – Sabah untouched jungle paradise. The 130 million years and Sarawak are parts of Borneo. The climate old dipterocarp forest sits far from civilisation is moist tropical with the equator going almost through the middle of the island. The main forest types in Borneo are mangroves, coastal woods, lowland dipterocarp forest, montane and hill Of special mention would be one of the trips to forest.



It is the primary and secondary lowland dipterocarp forest that is the habitat for most of the species of Pittas in Borneo. However, the Blue-winged Pitta is reported in the mangroves, while the Mangrove Pitta depends entirely on the mangroves and the endemic Blue-banded Pitta resides in the primary and secondary hills and lower montane forest.

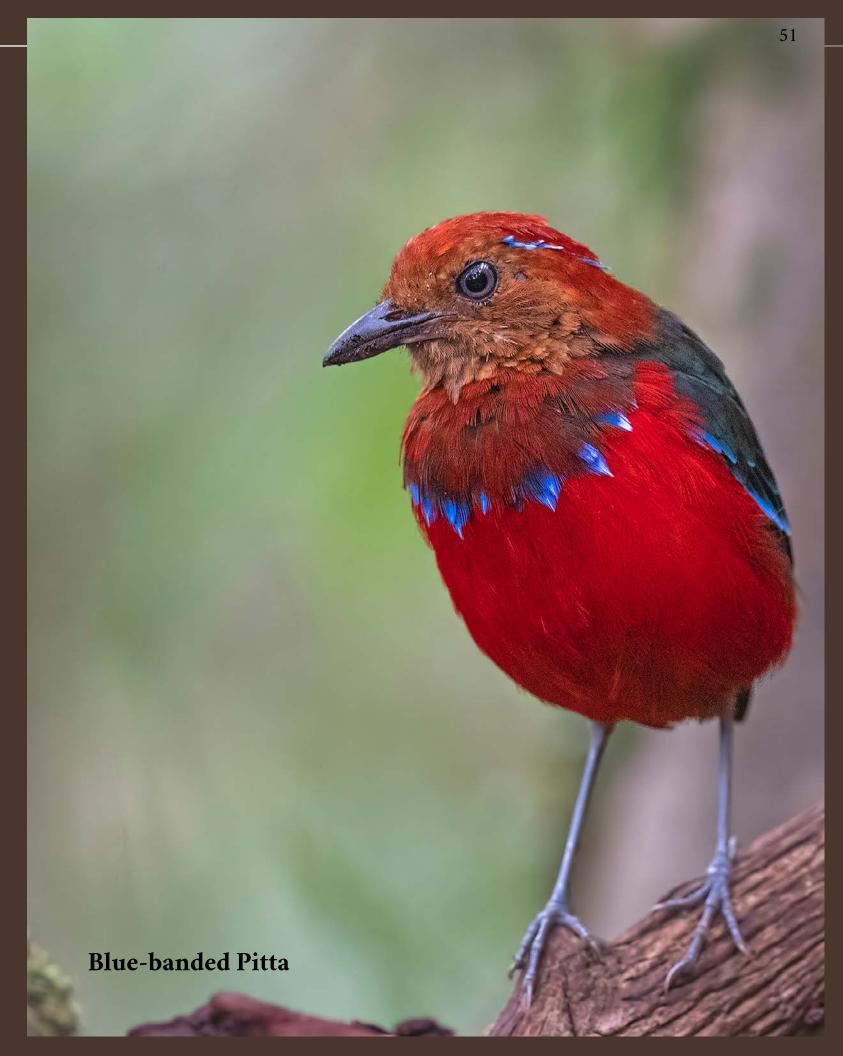
I have made several trips to the various parts of peninsular Malaysia as well as to the fabled Danum Valley and was lucky enough to see all the three endemic up like a bright black and crimson ball.

Danum Valley is Malaysia's wildest, most with exceptional biodiversity. The nearest town is Lahad Datu and it's another two to three hours driving along logging roads from there.

see the Blue-banded Pitta and the Blue-headed Pitta. The Blue-banded Pitta was spotted in a secondary forest near Lahad Datu. It was a small hide in a steep slope, I had clawed my way up the sticky slope, clambering into the tiny hide somehow. I spent the whole day, playing the call occasionally, but to no avail. I prayed and waited for the Pitta to show up and had absolutely no luck. Late afternoon, I made the decision to drive down to Danum Valley, as there was news of the Blue-headed Pitta showing up. It was a 3 hours drive along forest roads and I reached early in the evening. I had a night safari and the most exciting sighting was a sleeping Black-and-crimson Pitta, apart from an one-eyed Sunda Scops-Owl.



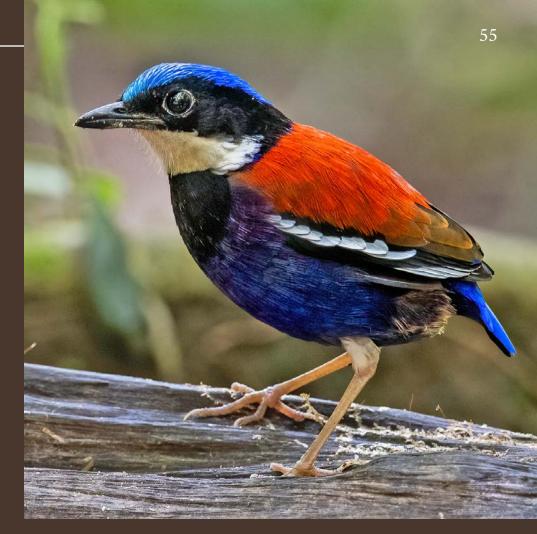






Both sexes have dark wings marked with a white streak. This species prefers the lowland forest of Borneo, along the tributaries of the Kinabatangan River and Danum Valley. Their numbers are dwindling rapidly because of habitat destruction. It is a very shy and elusive bird. It is an incredibly tough bird to sight and photograph, as it hugs and scurries along the forest floor.

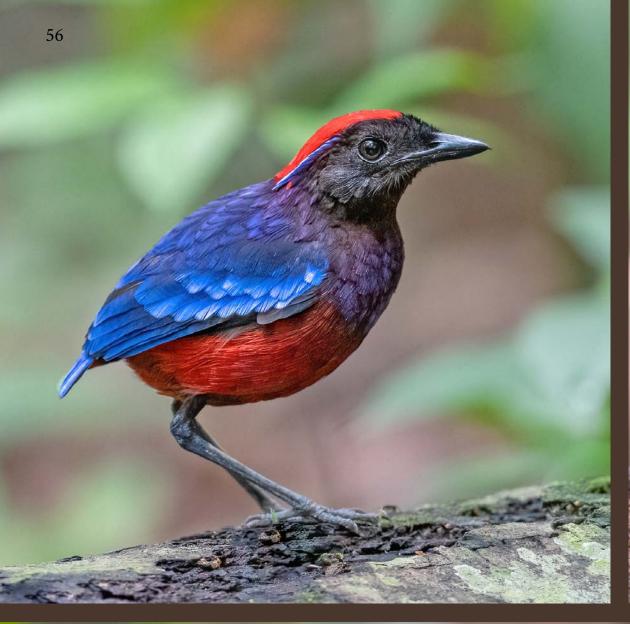
Blue-Headed Pitta(Hydrornis baudii) is a tiny and resplendent Pitta, an endemic resident in Borneo. The male has a glowing electric-blue crown which shines through even in the gloom of the forest floor. It has dark blue underparts, bright white throat, and cinnamon-brown back. The female has a warm cinnamon head and paler brown underparts.



Blue-headed Pitta male & female











Garnet Pitta - Has a red cap which distinguishes it from the Black-crowned Pitta. Is a doubtful species in Borneo. This was shot in peninsular Malaysia.

Fairy Pitta – Rare non-breeding visitor (October to March), this was shot in Cat Tien National Park, Vietnam.

Many of my trips have not been successful the first time, some have been washed away in rains. But I cherish all the trips, the early morning hike into the jungle, the smell of the jungle waking up all the senses, the excitement, the sense of being completely alive and finally the grand prize of seeing and photographing the shyest and most beautiful of the birds in the rainforests.







Hooded Pitta – Sub-species *Mulleri* – Head and throat all black, uncommon resident.

Banded Pitta – Endemic sub-species *Schwaneri*, locally uncommon, resident.

Giant Pitta – Endemic sub-species Hosei – extremely uncommon resident and very elusive.

Mangrove Pitta - Seen in Mangroves, Many times difficult to distinguish from blue-winged pitta

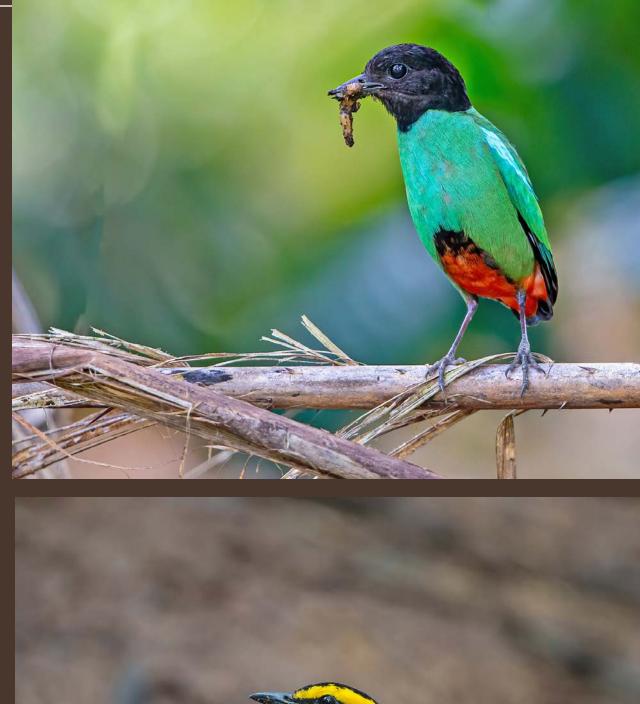




Is an engineer and a post graduate in management and works as a

regional business leader in a global software firm. Travel and twitching are what he enjoys when he gets a chance. The obsessive art of chasing rare birds that one has not seen before, is where his passion lies. He does believe that Pittas are the most beautiful

creatures on the face of the earth. His aim is to photograph all the 32 species of pittas in the world. Roti Canai and riverside food stalls are what he craves for. He has a loving wife, a grown up son, a little daughter and lives in Singapore these days.



Hooded Pitta

Banded Pitta © Liew KK

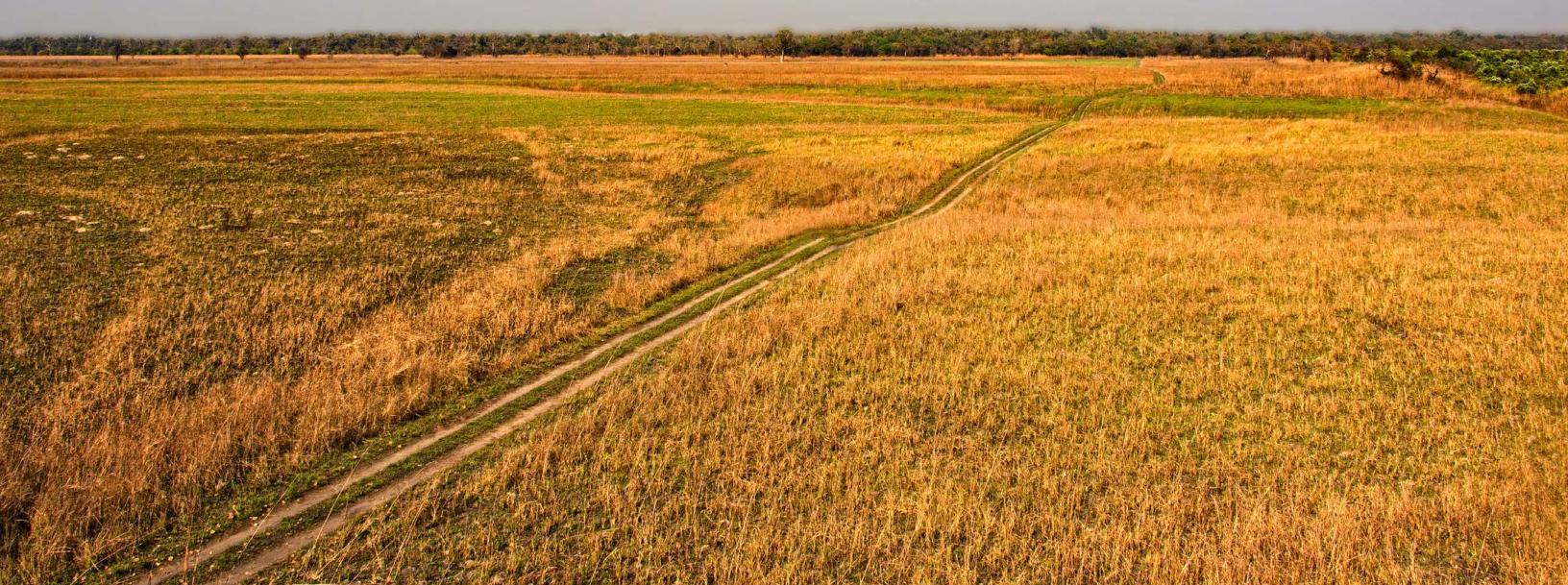




Birds of Shuklaphanta National Park

By Carol Inskipp

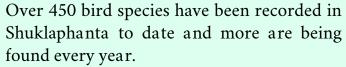
Images by Sagar Giri



huklaphanta National Park is internationally famous for its lowland grasslands which cover over a quarter of its

area. These grasslands support as many as seven globally threatened bird species, including the iconic Bengal Florican (Houbaropsis bengalensis),

a critically endangered bustard. Forests that are important for wildlife, extend over 60 per cent of the park, as well as a wide range of wetlands which are home to a great diversity of plants and animals. The park is named after its main "phanta" or grassland, Shuklaphanta.

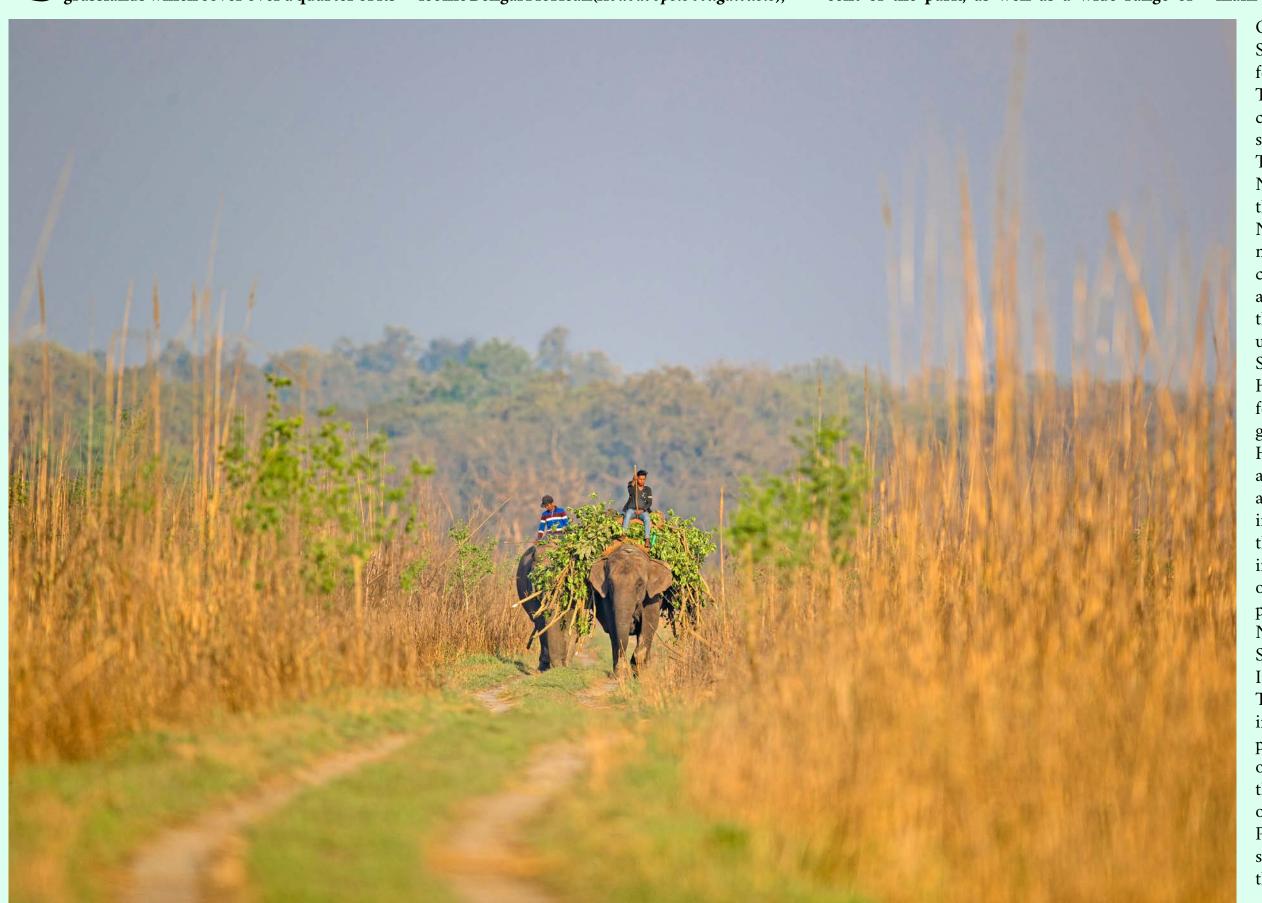


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The National Park lies in the south-western corner of Nepal and is bordered on three sides by India. It is connected to the Pilibhit Tiger Reserve in the south, to Dudhwa National Park towards the south-east through the Laljhadi forest corridor and to Nandhaur Wildlife Sanctuary towards the north-west via the Boom-Bhramadev forest corridor and the Mahakhali River(known as Sarada in India). Most of the park lies in the Gangetic floodplain, although it extends up to 1300m in the Himalayan foothills(the Siwaliks) to the north.

Historically, the park was a hunting ground for the Nepalese Royal Family and their guests and in 1969, it was decreed a Royal Hunting Forest. In 1976, it was designated as the Royal Shuklaphanta Wildlife Reserve and extended to its present size of 305 km² in 1994. The area of 243.5 km² surrounding the reserve was declared as the buffer zone in 2004, to support the development needs of local communities. In 2017, Shuklphanta's protected area status was changed to a National Park.

Shuklaphanta National Park is one of Nepal's Important Bird and Biodiversity Areas(IBAs). This is an area recognised as being globally important for the conservation of bird populations by BirdLife International, based on internationally agreed criteria. Currently, there are over 12,000 IBAs worldwide. One of the main reasons Shuklaphanta National Park qualifies as an IBA is because it supports significant populations of 24 globally threatened bird species.



Amongst the grassland birds at risk, glossy black head, neck and body feathers and Shuklaphanta holds one of Nepal's two largest curving down its pure white wings. As it glides populations of Bengal Florican, amongst the rarest of the world's bustards. Bengal Florican a black-andwhite beach ball, rising a little and is a shy and reclusive species, most easily seen in March and April, when the male performs much harder to find, being cryptically coloured a most spectacular courtship display. With and streaked with brown to match the wing-clapping audible up to at least 1 km, striations of grass where it nests. The Bengal it leaps 2-3 m into the air, puffing out its Florican requires a mix of short and long

back down, it seems to bounce in mid-air like then dropping at an angle again. The female is grasses. Imperata cylindrica is its favoured Shuklaphanta in 2020, I heard that there short grass where it feeds, mainly during early were only thought to be 8 males. Very sadly, mornings and evenings. At other times of the the Bengal Florican has not only declined day, it retreats into long grasses which are at Shuklaphanta, but almost throughout essential cover for this elusive bird. During their range. Lesser Florican(Sypheotides our survey, we found 14-15 birds including indicus) - Endangered, is a very rare summer 11 adult males at Shuklaphanta. Assuming visitor that is only found in South Asia, the sex ratio is equal, the 1982 population in the park was about 22 birds. When I visited

but has not been recorded in the park for a long time.



White-throated/Hodgson's Bushchat

(Saxicola insignis) Photo taken by Sagar Giri. Shuklaphanta National Park is a regular wintering and passage migrant site for this bushchat. It is uncommon in the park where it can be seen on the main grassland perched on the top of grass steams.



The park is Nepal's most important locality for White-throated/Hodgson's Bushchat(Saxicola insignis) and the country's only regular site for the species. This globally Vulnerable species breeds very locally in the mountains of Mongolia and adjacent parts of Russia and winters in the terai of India and Nepal. Numbers are declining in Shuklaphanta and throughout its range; the major threat appears to be rapid and extensive loss and changes of grasslands in the species' wintering grounds.

WILD SOJOURNS

Shuklaphanta is one of only two Nepal sites where the globally Vulnerable Swamp Francolin(Francolinus gularis) occurs. This francolin is a fairly common resident in tall wet grasslands in the park, though it is more often heard than seen. It is the largest francolin in the Indian subcontinent. Nowadays, it is only found in India and Nepal; formerly it also occurred in Bangladesh.



Swamp Francolin(*Francolinus gularis*) Photo taken by Sagar Giri. This francolin or partridge is only found in lowland grasslands in northern India and Nepal. It can be told from other partridges in the region by its large size and long legs.

Another winter visitor to the grasslands is the Critically Endangered Yellow-breasted Bunting(Emberiza aureola) which was once one of Eurasia's most abundant bird species. It has declined by 90 per cent since 1980, mainly because of trapping for food in China where millions were killed and sold on the black market.

Yellow-breasted Bunting male in breeding plumage







Lesser Adjutant(Leptoptilos javanicus) is a fairly common breeding resident in Shuklaphanta National Park and a globally Vulnerable stork. Photo taken by Sagar Giri.

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The park is an important breeding site for Finn's Weaver (*Ploceus megarhynchus*), another globally threatened grassland species and the only place in Nepal where it has been found nesting. Finn's Weaver is confined to the terai of northern India and Nepal and is at risk because of the loss and deterioration of grasslands, mainly as a result of their being converted to agriculture and overgrazed by domestic livestock.

Bristled Grassbird (Chaetornis striata) is another grassland bird, that is endemic to the Indian subcontinent, where it is found locally in India, Nepal, Pakistan and Bangladesh. In Nepal it is mainly a summer visitor and is fairly common in Shuklaphanta. When breeding, males perform a song flight and also sing from conspicuous perches, such as the top of tall grass stems. At other times Bristled Grassbird usually skulks in dense grassland and so is difficult to spot.





The other globally threatened grassland species in Shuklaphanta is Jerdon's Babbler (*Chrysomma altirostre*). It is a rare, secretive resident of tall wet grassland and reedbeds, and hardly seen except when the male climbs to the top of a tall reed to sing in the breeding season. C. a. griseigularis subspecies is the one found in Nepal.

Jerdon's Bushchat(*Saxicola jerdoni*) Photo taken by Sagar Giri. Jerdon's Bushchat is an uncommon breeding resident in the park. It is a grassland species and prefers tall wet grassland.







As well as grassland birds, Shuklaphanta supports Vulnerable, is the world's largest woodpecker 16 other species at risk globally. These include known to exist today. It is dependent on tall four vultures: Red-headed Vulture(Sarcogyps mature trees where it forages in small family calvus), White-rumped Vulture(Gyps bengalensis) parties which can be easily located by their and Slender-billed Vulture(Gyps tenuirostris) distinctive hinnying cackles. Great Hornbill - all Critically Endangered and Egyptian [Buceros bicornis]- vulnerable, is a very Vulture(Neophron percnopterus) - Endangered. uncommon resident in Shuklaphanta and also There are 5 globally threatened eagle species, 4 has specific habitat requirements. It requires of which are winter visitors: Steppe Eagle(Aquila large stretches of forest with big fruiting trees nipalensis) - Endangered, Tawny Eagle(Aquila especially of figs on which it feeds. Five wetland rapax), Greater Spotted Eagle(Clanga clanga), birds are globally threatened: Blackbellied Pallas's Fish-eagle(Haliaetus leucoryphus) - all Tern(Sterna acuticauda) - Endangered, Common Vulnerable and the resident Indian Spotted Pochard(Aythya ferina), Lesser Adjutant(Leptoptilos Eagle(Clanga hastata) - Vulnerable. Great javanicus) and Asian Woollyneck(Ciconia episcopus) Slaty Woodpecker (Mulleripicus pulverulentus) - - all Vulnerable. I count myself very lucky to

have visited Shuklaphanta three times. My first visit was in early May 1982 with my husband Tim. We were carrying out the first national population survey of Bengal Florican with the support of Nepal's Department of National Parks and Wildlife Conservation. We took a small plane from Kathmandu and arrived at the bumpy grass field airstrip of Mahendranagar, a small town close to Shuklaphanta. Shyam Bajimaya, the young warden warmly greeted us and did all he could to help us during our survey. We stayed in a bare concrete building at Singhpur, the former reserve headquarters. Shyam kindly lent us a bed, table and two chairs though there was no kitchen or bathroom. Singhpur was one and a half hours walk from the main phanta. Apart from a few times when Shyam gave us a lift in his jeep, the only way we could get around the reserve was by walking and this undoubtedly limited our observations, especially as each morning it soon became very hot. However, on the phanta there was a tall machan and from here we had a clear view across the huge grassland and had wonderful views of Bengal Floricans. We spent one night here, which was most uncomfortable, but very well worth it for the views we had from dawn of the activities of six males and two females together.

Our second visit was in April 2001 when we stayed at Silent Safari tented camp owned by the late Colonel Hikmat Bisht. I well-remembered Colonel Bisht from our previous visit 19 years before as one very hot afternoon, he and his family called on us at Singhpur and gave us each an ice-cold coke! Staying at Silent Safari was luxurious compared to our spartan living conditions on our last visit. We also had the use of a jeep to take us birding wherever we wanted and had a wonderful time. The camp, which has been closed for a number of years, was situated right in the park under trees and by a small river, a beautiful spot. One highlight of this visit



was our finding a much-wanted species for us, Jerdon's Babbler, two of which we saw twice in flight in the tall, wet grasslands by the lake Rani Tal. Another less welcome highlight took place one evening when two wild Asian Elephants tried to enter the camp which caused great excitement. Our camp staff frightened them off with difficulty by loud shouting and brandishing a large burning branch. After that, Tim and I had a broken night's sleep with repeated noisy spells outside and large shadows passing our tent. In the morning we heard that two rhinos had also tried to come into the camp. Later, we found out that the elephants were not invading our space, we had taken over theirs as the camp was situated at the very spot where elephants have traditionally come to the river to drink.

taken by Sagar Giri. This parakeet is globally Near

Threatened because of loss of its forest habitat,

persecution and trapping. However, it is a fairly

common breeding resident in the park.

In early March 2020, after another 19 years, I was honoured to be invited to stay at Shuklaphanta again by an old friend, the park warden, Laxman Poudyal. This time, I reached there by road, with another old friend, Tikaram Giri, who was my guide for a two-week Nepal lowland birding trip. We were so lucky to be able to stay in the park headquarters and to have the company of park ranger Yam Bahadur Rawat and Devraj Joshi, who is an experienced field worker for the National Trust for Nature Conservation, on all our outings. During our stay we had great birding and saw During our stay we had great birding and saw almost all of the grassland bird species, including three adult males of both White-throated Bushchat and Jerdon's Bushchat (Saxicola jerdoni). Every day we watched flocks of

River Lapwing(*Vanellus duvaucelii*) This lapwing is frequently seen on shingle river banks in the park. It is a globally Near Threatened species. Photo taken by Sagar Giri.





Greater Spotted Eagle(Clanga clanga) Photo taken by Sagar Giri. An uncommon winter visitor to Shuklaphanta National Park. It has a wide breeding range from northern Europe eastwards across Eurasia.

Grey-headed Fish-eagle(Icthyophaga ichthyaetus) A globally Near Threatened bird of prey. It is a fairly common breeding resident in the park where it is mainly seen near small lakes and rivers.



vultures, including on one occasion 34 vultures together: a Red-headed, 3 White-rumped, one Slender-billed, 28 Himalayan (Gyps himalayensis) and four Cinereous (Aegypius monachus). However, this was a much smaller number than the flock of 79 vultures (58 White-rumped, 13 Slender-billed and 12 Himalayan) that Tim and I had seen at (Panthera Shuklaphanta in April 2001.

Other highlights included two firsts for horned Shuklaphanta. A Lagger Falcon Falco jugger, a large, very rare falcon in Nepal, which we Asian Elephant (Elephas watched in flight for a few minutes. The other first maximus), Fishing Cat was a Wood Snipe (Gallinago nemoricola) which we (Prionailurus viverrinus) flushed from a marsh on the main phanta's edge. It is a globally Vulnerable species, which breeds in the subalpine zone of the Himalayas. This snipe is difficult to find in the nonbreeding season when My three Shuklaphanta some birds descend to lower altitudes and others migrate to peninsula India. Another memorable sighting was a flock of 20 Finn's Weavers feeding on the ground at the elephant stables, apparently a regular site for this bird.

Shuklaphanta is famous for its mammals too. The main phanta holds the largest herd of the threatened globally Swamp (Rucervusduvaucelii) in the world! The park is also home to numerous mammal species including Bengal Tiger (Panthera tigris), Common Leopard

pardus), Greater Indian One-Rhinocerus (Rhinocerus unicornis), Smooth-coated and Otter (Lutrogale perspicillata).

visits have been so different from each other and I count all as some of my most enjoyable and

productive birdwatching trips to Nepal. I will make sure I do not wait another 19 years before returning and go back there soon! I highly recommend birders and other wildlife watchers to visit, especially from November to April.



Carol Inskipp lives in Weardale, North Pennines, UK and has a special interest in Nepal birds and their conservation. She has visited the country 20 times since 1977. Carol is the author of many books

on Nepal's birds and their conservation, some co-authored with her husband Tim including A guide to the birds of Nepal (1985) which detailed the distribution of the country's birds for the first time. More recently she has often coauthored with Dr Hem Sagar Baral from Nepal including: National Red List of Nepal's Birds (2016), Important Bird Areas of Nepal (2005) and also Birds of Nepal: a field guide (2016) co-authored with Tim, Hem and Richard Grimmett.



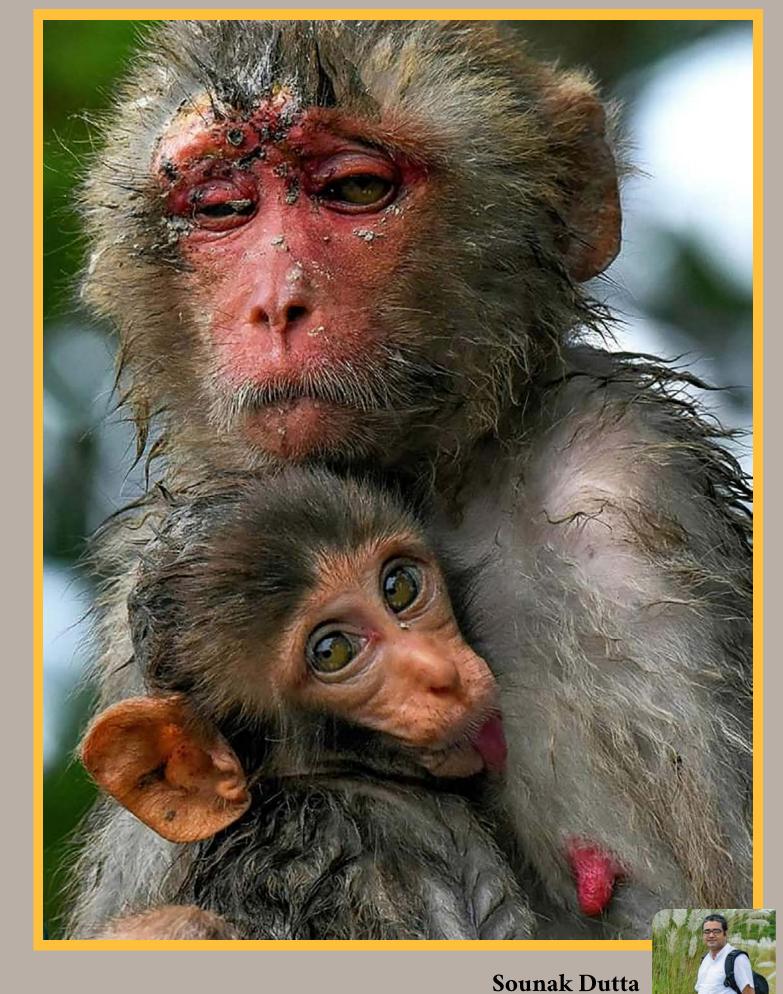
Sagar Giri is an award winning photographer Chitwan, Nepal. He is the founder and Administrator at We Shoot with Love -WSL and founder at i click for conservation. He is an avid wild life lover and believes firmly in creating Conservation Awareness through his photography.

He has covered most of the wild in Nepal. He is inspired by his father who himself is a conservationist and has embraced this field since the last seven years.



Dharmesh PadhiyarThis image by Dharmesh Padhiyar secured

This image by Dharmesh Padhiyar secured the "Critics Special Award" in the "Portraits with a difference in wildlife" competition organised by Wild Sojourns Magazine.



This image by Sounak Dutta secured the "Thought Provoking Image" in the "Portraits with a difference in wildlife" competition organised by Wild Sojourns Magazine.

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onsoon is a time that many people look out for; for its pleasant ambience and earthly scents. While many want to stay home cosy, there are a group of people who get excited to go out and explore. With rain, comes the joy of hearing the croakers in abundance and the fun of herping can be experienced better. The challenge of exploring the dark during rain comes with the love for these tiny creatures that call out to us - to know them, study them and cherish their beauty.

Monsoon surely becomes the tourist season for such nature lovers and herpers, while everyone else stays back at home. However, the love for herping can get us exploring right from our localities to a faraway destination in search of various species.

Destinations in South India like Agumbe, Matheran, Valparai, Coorg, Sirsi, etc. have been popular among naturalists and wildlife enthusiasts for reptiles and amphibians. Compared to which, Munnar has remained a distant choice when it comes to herpetology and macro photography.



Anaimalai Salea

"Salea anamallayana" or Anaimalai Spiny Lizard is a reptile of Least Concern found in montane shola and grasslands of Kerala.

Purple-red Earth Snake

"Teretrurus sanguineus" is a species of non-venomous shieldtail snake, endemic to Southern India. Found in Nyayamakad (Western Ghats of the Kerala Munnar Hills at 2,200m).



otherwise popular for its beautiful tea plantations allows great diversity within its 10 km radius and misty mountains. But who would think that whether it is the altitude that ranges from 800m this charming land can offer more than leisure? It remained unexplored for a long time for from grasslands to shola forest to plantations nature enthusiasts, until renowned researchers and photographers brought in a wave of interest among locals. Right from the hotels they stayed in, to the local guides and drivers who took them around, everyone got to learn the importance of tiny creatures around Munnar. It was amusing a different perspective. It is believed to be a to know how rich this tea land was for reasons beyond its landscape and known wildlife. Windermere Estates, for instance, has been an open ground for researchers to meet naturalists and guides from Munnar. This not only gave a new trend in tourism, but also gave an idea to show the diversity of Munnar as a herping destination.

This hill station set on the Western Ghats has been Talking of Munnar as a small town in itself, it to 2695m or its diverse terrain that ranges (tea, coffee, cardamom). Such diversity within this limited radius of land has blessed Munnar with a wide range of species too. Several unknown species of 'Shieldtails' are being found in Munnar, which has shown this land from treasure trove for many such critical amphibians and reptiles. Munnar has also been a successful location for spotting the Caecilians, which are very challenging to photograph and observe. These limbless amphibians are surely an exciting experience when spotted. Another endemic species is the Annamalai Salea, a type of spiny lizard.





endemic to the high altitude region around the south Indian peak of Anaimudi. It is a Critically Endangered species.

The critically endangered **Resplendent Bush Frog**(Raorchestes resplendens) is endemic to the high altitude grasslands of Munnar (between 2300 to 2600m above sea level). On the other hand, we

get species like Anil's Bush Frog(Raorchestes anili), Wayanad Bush Frog(Pseudophilautus wynaadensis), which are found around 800m to 1200m, all within Munnar. It is even more interesting to see how the Malabar Gliding Frog(Rhacophorus malabaricus) is found below 1200m, while its replica - the false Malabar Gliding Frog(Rhacophorus pseudomalabaricus) sits above 1200m and is Critically Endangered.







Ghatixalus frogs

Ghatixalus is a genus of frogs in the family Rhacophoridae, endemic to Western Ghats. This exclusively shola forest species genus is distributed only in the high elevations of Nilgiris and Anaimalai-Palnis, only above 1600m asl. Most of the sightings were near streams and streamside, often on bare ground, grass clumps on ground or rocks nearby. Although belonging to a rather arboreal frog family, these frogs are terrestrial animals. There are three species only. Ghatixalus asterops, Ghatixalus magnus and Ghatixalus variabilis.











This is what Munnar has to offer - a wide especially have a lot to cheer for. Munnar, nestled variety of species, some of which may demand amidst the lush green Western Ghats, is home to an adrenaline rush as you trek up a hill to find many endemics. It is even more dynamic with them, while some may be found right in the the range of amphibians and reptiles, among backyard of a place you are staying in. It has which most are critically endangered. More proved that its tourism is not just leisure and its and more new species are being discovered and wildlife does not confine to Elephants, Nilgiri a visit to this treasure trove is a must for any Tahrs, Bisons and Big Cats. Herping enthusiasts wildlife lover.

Green-eyed Bush Frog

"Raorchestes chlorosomma" only occurs in disturbed sholas, a type of high-altitude evergreen forests which are found only in the southern portion of the Western Ghats of Kerala. It is a Critically Endangered species.



Bamboo Pit Viper [Trimeresurus gramineus]

The first live specimen photographed from Kerala.

Sebin never knew this species was this rare in Kerala when he got the opportunity to photograph it. Researchers have dead specimens collected from Chinnar and the ID which was not validated, laid in dispute. He is very happy to be part of this moment by clicking this image from Chinnar Wildlife Sanctuary.



Malabar Pit Viper [Trimeresurus malabaricus]
Another endemic beauty from Western Ghats.
This amazing morph of Malabar Pit Viper was photographed in the lower altitudes of Munnar by Sebinster.
Munnar is a paradise offering two different pit vipers at two different altitudes.

Daniel V Raju
A passionate photographer and traveller.
He is currently working as a naturalist in Windermere Retreats, Munnar, India.



© Sebinster Francis



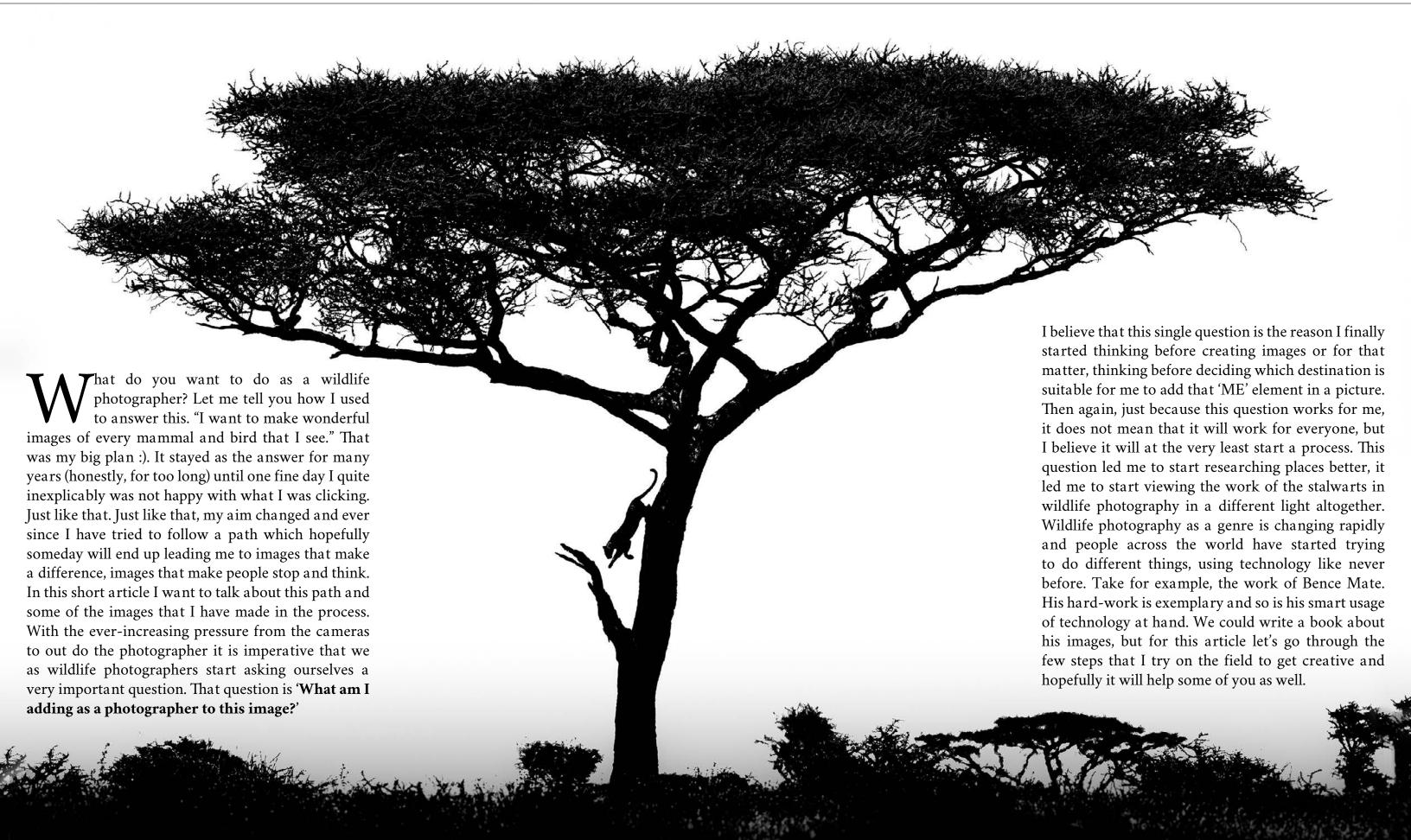
Sebinster Francis

Sebinster Francis, often referred to as Sebin, hails from the small town of Munnar, known for its amazing landscape, nature, wildlife and tea plantations. He is the Managing Director of Route49adventures, an adventure, travel and photography tours company

based in Munnar. He is a naturalist and a licensed Tourism Guide. Sebinster's association with the Kerala Forest Department, gives him opportunities to travel to isolated and unique locations within India. He uses his photographs from these explorations to spread awareness about nature and wildlife protection. He has an avid fascination for herping. He also has an extra special interest in elephants and their preservation and treatment.



STEPS TO GET CREATIVE FROM TAKING IMAGES TO MAKING IMAGES **RAHUL SACHDEV**



Step 1 - Silhouettes

Although Creativity can't really be set in rules, there are some ways that work for most of us and **Silhouettes** are probably one of those. They are probably the easiest to execute and with just a couple of things kept in mind, they make really nice stepping stones for your creative journey. Here are a couple of examples of typical silhouettes.

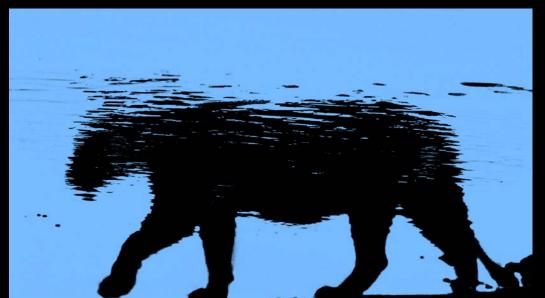




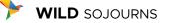
From a creative stand point these work fine. What sunrise/sunset you need to do to take the next step is to start • why do all silhouettes need to have sky as the looking beyond the quintessential silhouettes. For background? instance, ask yourself these questions

- why do all silhouettes have to be orange?
- why do all silhouettes have to be taken at experimenting with things.

These are the kind of questions that would make you start thinking, and that's when you will start



Following examples are not orange, they are not taken at sunrise/sunset and not all of them have sky as the background. Remember, you only need a significantly brighter background. In the image with the reflection of the lion, water played its part very well.



Step 2 - Rim-Lit

The next step to creativity is to try the second most common thing, **Rim-lit**. Execution-wise very similar to Silhouettes, the difference lies in the positioning. You need to have a background which is dark and does not have light falling on it directly. That and of-course a subject with the a lot of fur (generally). An elephant is never a good subject for rim-lit photography. Rim-lit images need strong backlight and unless you see a rim-lit with your naked eye, you wouldn't be able to capture it in the camera. Just like in Silhouettes, there are some text-book rim-lit images, like the two that you see below.

You could either be happy with these or aim at something slightly more artistic like the ones below. The key here is to start telling a story with your images, even when you are trying out creative usage of light. The bottom line should always be about telling a story.









Step 3 - Research Place and Images

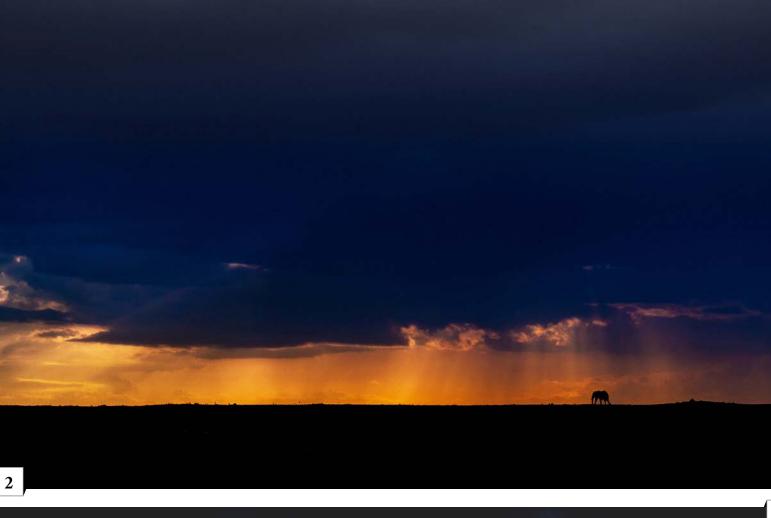
I call this one Research, and it is probably the most important and overlooked of them all. The thing is, silhouettes and rim-lit images will also be left to chance without proper research, and without proper research it will be impossible to read the place well enough to start thinking beyond the obvious. Here is an example of what can be done with proper research. Take a look at the images of the Indian Skimmer below, both taken at the same place, roughly about the same time, just apart by 7 years.

When I earlier used to go to Chambal my aim

used to be to get sharp images of birds in flight. Now when I go there, my aim is to utilize light the best I can and to make dramatic frames. My earlier visits to Chambal/ Dholpur gave me the knowledge that if I go against the light with the skimmers in the evening, there is a possibility of dark backgrounds and if a skimmer does fly in the correct direction, I might get some light coming through its wings to make an interesting frame. To be honest, the light through the beak wasn't part of my visualization. It was a bonus that nature gave me.



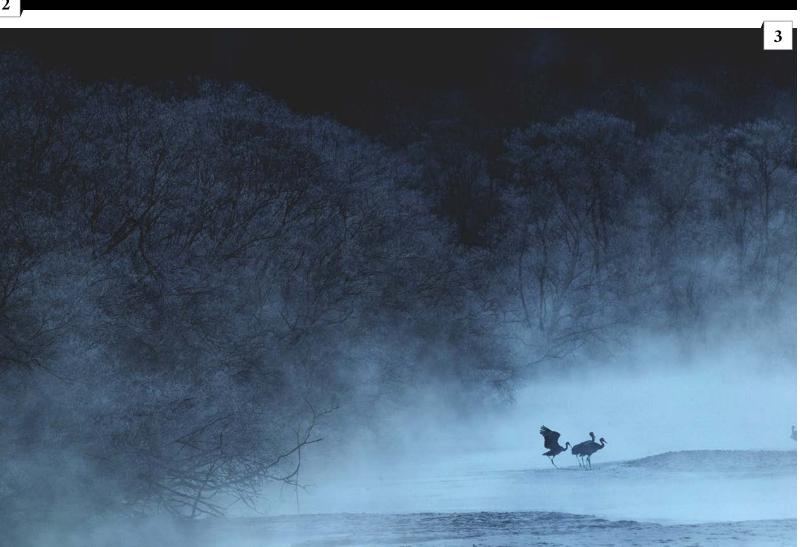






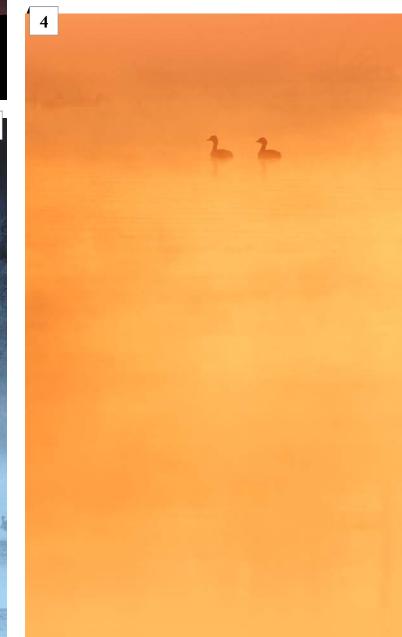
The next step I believe would be to start exploring a key concept of compositions, called minimalism using negative space. Minimalism is a fabulous way to arrest a viewer's attention and draw it to the subject and just the subject. Negative space essentially can be explained as the space around your subject. Here are a couple of examples using Minimalism and negative space.

Images 2 & 3



This style will be a particularly strong technique in your arsenal. Practice it often, and you will see that it is a very satisfying style as well. The key driving point about this style for me is that, this style makes me think. It makes me think hard about why anything should be part of my frame. It makes me think if and how can I eliminate unnecessary elements from the frame. Here are another two examples, this time in a portrait mode and the emptiness gives a sense of depth and mood to the frames.

Images 1 & 4











Here are a couple of typical examples. As seen in the images above, they do have an appeal but just like Silhouettes, they've started becoming too common and that's where the next technique comes in. In this case we are not aiming at having the subject sharp. That is not the aim anymore What we are looking for is to give the sense of motion by moving the camera, and not necessarily in alignment with the movement of the subject.

Take a look at a couple of images above to get a feel of this. It is a technique that will probably have a very low hit rate but when it works, it works well.



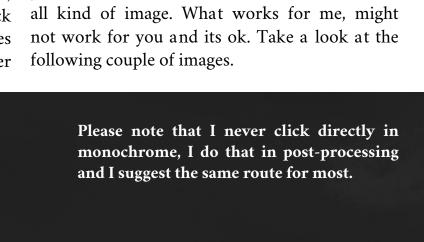
Step 6 - Black and White When

I started researching places and images made by people in those places, I often used to come across black and white frames and they always had that charm/appeal. Black and white to me helps in connecting with the raw emotion of the moment. Devoid of distraction and devoid of complexities. Black and White inherently seems simple and that's where it connects most I believe. Well, there are tonnes of ways of achieving/ converting to black and white images but what's most important is to realize and envision

what will look good in black and white. It takes some amount of hit and try but, as a guideline, images with strong shadows work well with black and white. That does not mean that flat images won't work at all but let's start with the earlier



and then you can work your way towards what you like. As it is with all art, there is no one fits







Step 7 - OverExposed

One of the ways that I some times like to use to achieve this is over-exposure. It's a very underused tool in my opinion and one that can really add value to your portfolio. Take a look at the examples below.

Without the over-exposure for the elephants, the

dusty feel would've not stood out in the frame and would've probably been just a drab frame without any separation between the leader of the herd and the others. Similarly, for the swan that's coming out as a leader, the overexposure has accentuated the effect of the rising steam and given a sort of ethereal feel to this frame.



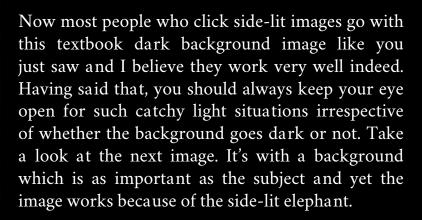
Step 8 - Side Lit

Now that you have the exposure compensation controlled, the research done right and black and whites out of the way let us look at one more way in which you can use the morning/ evening light to take your creative journey ahead. Side Lit images. Quite often this approach is not thought of and probably so because it isn't the most obvious/easiest use of light. Side Lit images would be those where the Source of Light, the Subject and the camera make a rightangled triangle with the Subject at the vertex of the right angle. The tough bit with side lit images is the anticipation which is why this step comes after the Research. For example take a look at the leopard image.

I shot this one as the leopard came out of the bushes with the sun to its left. The bushes were still in the dark and some good amount of un der-exposure rendered them really dark. If I had kept it to 0EV the background would have come out better lit thus rendering this image almost useless. So anticipating that the leopard coming was imperative in this case.



out of the bush might have a side-lit effect and being ready with the exposure compensation



Conclusion

The Side-Lit images were the last step of our creative journey for this time. These 8 steps I believe will serve as a good foundation for you to start your journey into creativity. What I have done is just listed down some easy ways to help you on this journey. I would love to hear from you on where this journey leads you. In my next article in this series, we will look at some more steps to help us in the journey towards making images.



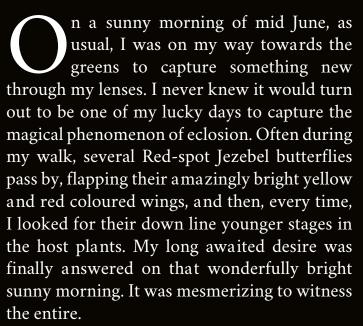


Rahul Sachdev **Canon EOS Maestro** Insta: @rahulsphotography web: www.rahulsachdev.net









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Red-spot Jezebel is a holometabolous insect belonging to genus Delias and is widely put to halt and it finally becomes immobile backspace required. The pupal stage emerges

n a sunny morning of mid June, as from its chrysalis as an adult butterfly. For usual, I was on my way towards the many insects, the emergence of the adult greens to capture something new (eclosion) is under circadian regulation and through my lenses. I never knew it would turn eclosion hormone which is a neuropeptide and out to be one of my lucky days to capture the plays an important role in controlling ecdysis magical phenomenon of eclosion. Often during phenomenon. Eclosion hormones, along with my walk, several Red-spot Jezebel butterflies others, are pumped into the hemolymph and aids in completing the emergence process. It is quite a precise concatenated sequence of I looked for their down line younger stages in events, occurring at definite time. If observed the host plants. My long awaited desire was minutely, the eyes and legs can be seen beneath the hard surface. Hormones released sunny morning. It was mesmerizing to witness during the process soften the chrysalis and the butterfly then pushes through its legs. The eyes and proboscis are also exposed removing the triangular piece covering it and then, finally, distributed in Asia and Southeast Asia. The the butterfly crawls out from the chrysalis, caterpillar's body starts shortening from exposing the abdomen and wings hanging the last day of the 5th instar, the feeding is upside down. The unfolding of wings though, varies among species, it mainly follows three basic steps. First, resilin triggers the unfolding.





Resilin is an elastomeric protein found in many insects and other arthropods. It provides soft rubber-elasticity to mechanically activate organs and tissue. The insect often flaps to fully open the wings and then, finally, the inflation of the veins happen. The new ones are inflated, hardened, pigmented and are ready to fly. In during the emergence from the chrysalis, meconium is excreted from the body, where a small amount it stays and gets hardened in the wing veins, increasing its rigidity. The time taken for a butterfly's wings to completely dry varies from 30 minutes to 2 hours which again depends on the size of the wings. For butterflies, wings signify power, warning, courage and at the same time, depict the amazingly beautiful creation of nature.

LOCATION: PUNDIBARI ; COOCH BEHAR;

WEST BENGAL; INDIA

CAMERA: CANON EOS 7D, 70D, 1100D WITH

VARIOUS LENSES & FILTERS.





Winners in the competition "Action in Wildlife Photography"









Nilanjan Goswami

DOWITCHER



Text & Images: YASHODHAN BHATIA

Images: RAJDEEPSINH JADEJA



was at ease on the morning of December 31, 2018, with a large mug **⊥** of coffee over the desktop around 10AM, checking out the mails. It had been a hectic week at the year-end as Gururaj Moorching and Rofikul Islam were in Jamnagar to complete their Big Years. I received a picture on my WhatsApp and a call followed immediately. It was from Rajdeepsinh Jadeja. He was with Bishnoi K. N, and had called to confirm the ID of the bird. And I could not believe my eyes. He had found a big rarity. It was an Asian Dowitcher(Limnodromus semipalmatus). In flat 15 minutes, I was at the site. I was viewing my lifer from a favorable distance, that too, on the last day of the year, making it more memorable!

Asian Dowitcher is an elegant wader, a bit capricious to identify at one go. For sure, it needs a second view to distinguish correctly, even for an experienced birder. We observed this specimen constantly feeding in very shallow waters of an abandoned salt pan. The salt pan consisted of a fine layer of algae on the moist mud on its southern side and a pool of shallow water in the rest of the part, probably providing this wader an ideal habitat to forage.

The bird was very deliberate in feeding. It was probing persistently in the mud with its bill. Most of the time, it foraged by wading through the waters which were tarsus high, sometimes though, it foraged in slightly deeper waters about the height of its tibia. It also preferred to come walking on the algae covered moist mud to feed. Here, the complete profile of the species was visible.







A water level which was touching its tibia was ideal for it to roost. It also tended by bathing or preening in between its sleep. An occasional stretch exposed the under-wings and axillaries, which were white with almost no markings. It looks most gorgeous when it stands upright and stretches the neck to scan the situations and the vagrant. In this region, previously it has been surroundings. Although generally silent while recorded at Pirotan Island and Narara Beyt in feeding, it gives a soft flight call when flying. The take off was sudden like snipes and godwits, when alarmed. Once, I was able to photograph a Asian Dowitcher along with a fling of Curlew Sandpipers(Rynchops albicollis), while it was landing. This displayed the tail with twelve feathers, each bearing dark grey bars, almost even as the white ones. The rump showed streaks of grey-brown. Interestingly, I came through a text in 100 Birds and How They Got Their Names by Diana Wells, where she writes that the name Dowitcher comes either from Deuschers(doicher) or Deutsch(doi-ch), because Germans and Dutch Americans used to eat them as delicacies! We found this individual in a salt pan at Bedi Port, 4 kms outside Jamnagar town. Out of the three dowitchers the world over, Short-billed Dowitcher and Long-billed Dowitcher are Nearctic species and the Asian Dowitcher is the

only species which migrates along the East Asian-Australasian Flyway, wintering between tropical and equatorial regions. It is interesting to learn, however, that this Asian Dowitcher has reached Jamnagar in western Gujarat which lies in the Central Asian Flyway. This can be a case of a rare Marine National Park(Gulf of Kutch) and also at Khijadiya Bird Sanctuary, Jamnagar. These were glimpses, probably, as the bird was identified, but was not approachable. So, we don't have good photographs from this area. This one being very near to the road has endured human presence.

It is a very good find and sighting all in all.



Being very close to the town, the area is easily accessible. The bird is spotted just off the main road, so it is not apprehensive and is very much used to human presence. It is being watched from dawn to dusk by some or the other birders and photographers every day, since it has been found. We now wish and very much hope that it stays here safely and leaves for a Subarctic summer destination to breed, only after acquiring the breeding colors.

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Yashodhan Bhatia is an award winning conservation photographer. An entrepreneur and businessman from Jamnagar, he considers himself fortunate by living there and thus, grasp the opportunity to spend much time in the wilds, be it the sea shores, coastal belts or salt pans. He has been pursuing wildlife photography with special emphasis on avi-fauna. This westernmost coast of India has been his prime geographic area of interest in bird photography. He firmly believes that simply



documenting the species is not enough; more or less the pictures should look like an art which can stimulate the viewers and bring them closer to conservation.

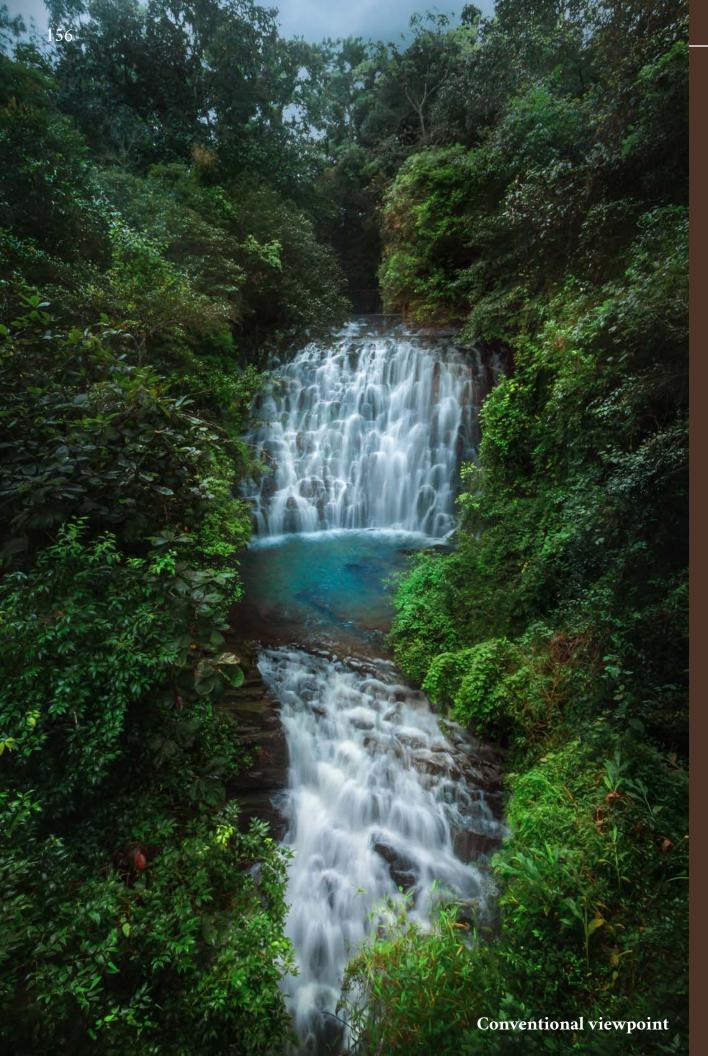
His contribution in conservation photography has led him to achieve various national and international awards along with the prestigious Asia First Prize by Singapore Environment Council, Singapore (2004), Nature in Focus (2016), BirdPoty (2019). He was also instrumental in organizing national level birding programs like Saevus Bird-a-thon at Jamnagar. His pictures and articles are published in National Geographic Traveller along with Sanctuary Asia, Saevus, Indian Birds and Creative Image magazines.

Rajdeepsinh Jadeja is working as a teacher in a Government Primary School at Jamnagar, Gujarat. He is a hardcore nature lover and doing wildlife photography across the country since 2013. His work is published in various International and National Wildlife Magazines.







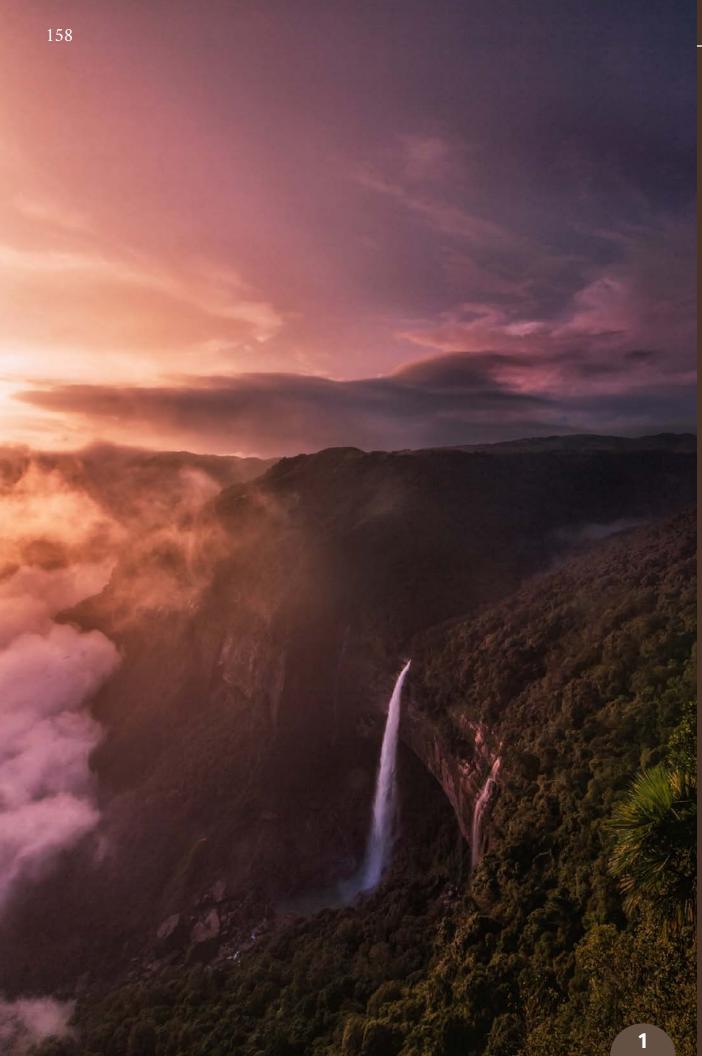


Our first photography destination for shooting waterfalls was the Elephant Falls. The morning light was about to come in and we left the hotel after a paltry snack. This is the only way to get the best out of crowded places. We captured a few shots bypassing the ugly safety railing. But getting something new from the defined spot may not be possible. To reach a better vantage point, we moved to the other side to final level and from the water level, took a few shots of the flow.





The sky was bland and fortunately it was not raining so we went further down. Ropes were placed before the mainstream, but we had to exclude it in the snap, thus we went low and got some better shots. As the tourists started jostling around, we left the place and thought of revisiting some other time.



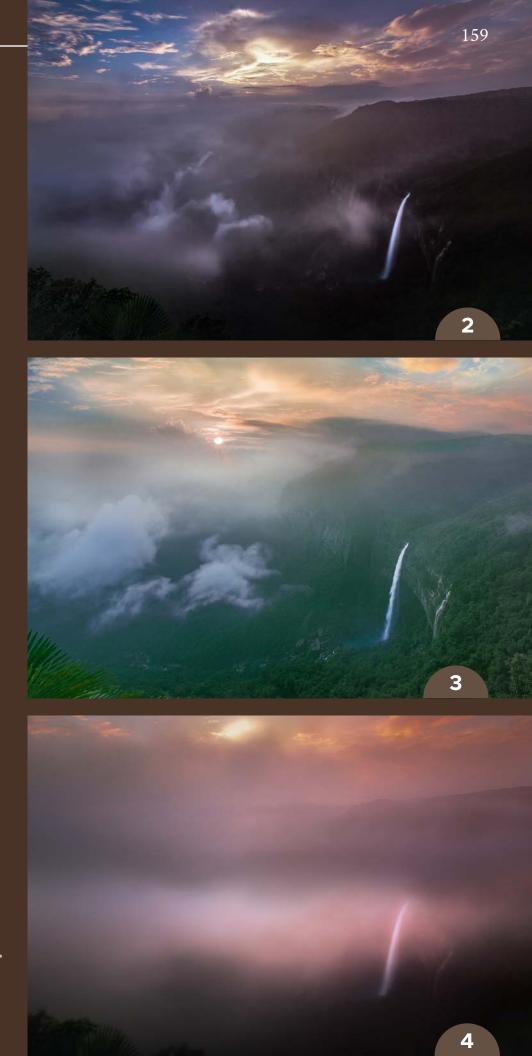
Our next journey was to Sohra via Mawkdok Valley and crossing Wah Kaba Falls and then to Nohkalikai Falls for sunset. The view of Mawkdok Valley in the clouds and sun was mesmerizing. We stopped in between and enjoyed the sight. In between, two-three splashes of rain had already made the roads wet, but it never continued for more than 15-20 minutes. Wah Kaba gave us a view for only a few seconds and hid itself inside the cloud in no time. We waited for long and finally left the location for trying our luck on return. We reached Nohkalikai at around 4PM. The weather is mostly topsy turvy for most parts of the year in Sohra. This time the sky was full of clouds. Few other groups of people were loitering here and there.

We overheard the conversation that few were very unhappy, as they were visiting this place since the last 3 days and hard luck.

We thought of staying there as this was our first visit. And then, the magic happened. Amidst the clouds, the sun peeped and the valley was filled with rays. The view was awesome. We were ready with our tripod and camera. We were able to capture a few moments and then the clouds covered the valley again. The faint roar could be heard from the distance. We relished the mood with no words spoken. We returned to our hotel with what is called "luck on first visit", as the first day was more than what we ever expected.

Nohkalikai Falls, Meghalaya -Various Moods

- 1) Post sunset glow for a few seconds.
- 2) When the sun is hidden behind the clouds.
- 3) When the sun peeped from the clouds.
- 4) The foggy mood.











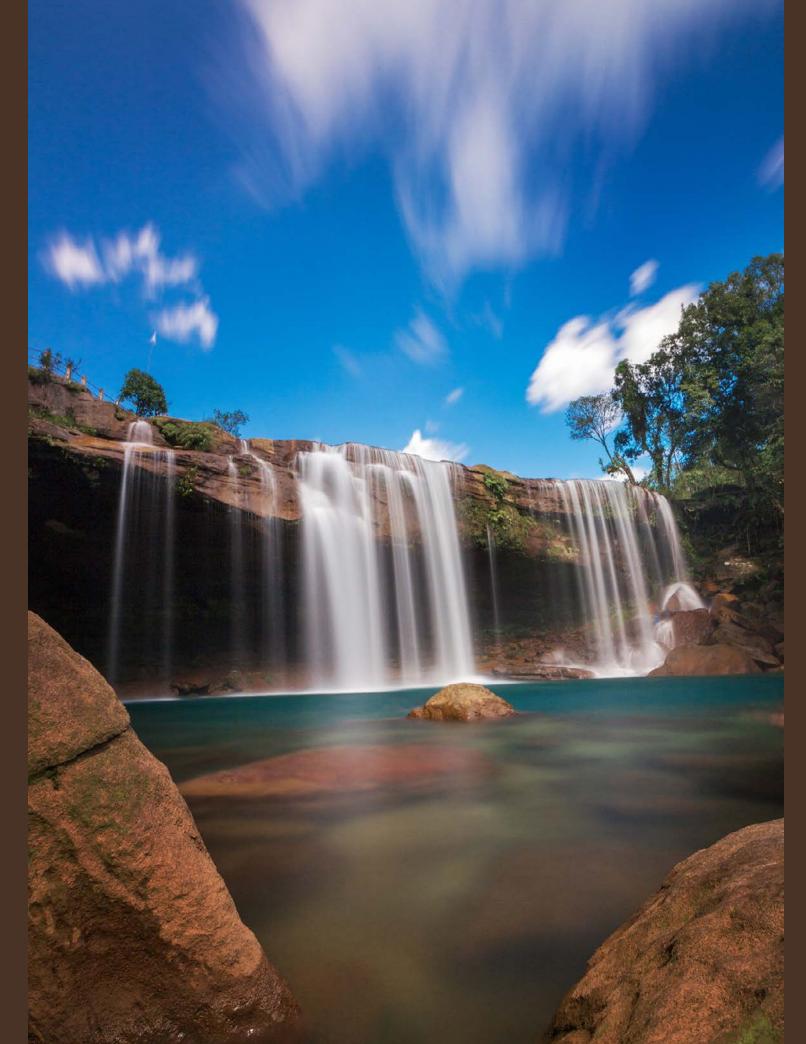




The stunning, mesmerising views of the Arsdad Falls can be enjoyed up close, or even from the bamboo bridges spread across the garden. We returned to hotel, so that in afternoon we can try our luck at Dainthlen or Nohkalikai again during sunset. Weather, as usual, was very unproductive and it changed suddenly. We had to stay at the hotel and got busy checking all our images and taking backups.

The next morning was fully bright. We rushed to our next location with a fresh mind. The morning sun was comforting and way forward, we stopped in between and got busy in capturing the beauty of the waterfalls. There are many waterfalls on the roadside during the monsoon which provide brilliant photographic opportunities. Many falls originate only in monsoon and hardly have water in other seasons. At times, we went even into waist deep water and were happy to grab some unique frames. As morning dawned, the return journey was very enchanting. The diffused light and cool weather helped us to have some soothing view of the beautiful place.





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After lunch, we started our journey for the last gears. Got an ample opportunity to capture the destination of the day and may be, of our tour, beauty from different angles. There was a scope the massive, bold and beautiful Krang Suri Falls. for swimming in the chilled water under the It is the most magical waterfall you can lay your guidance of the trained local people, but for us, eyes on in Jowai. Surrounded by greenery and big the photographers, it is a bane. So, we had to rocks, it is one which inspires poetic thoughts. wait for long before it actually got out of any Dropping down from a low level into a basin-like crowd. As the day came to an end, we spent the depression, it is an ideal spot for taking a cool dip. On rainy days, the water drops down gustily, a small waterfall on the way and enjoyed the creating the illusion of a mist. For ease of access, sun going down. The small seasonal falls are many gravelled pathways have been constructed. beautiful and hardly any tourist visit there is a The falls are kept as natural as possible by discarding the use of cement and instead, using came to an end and now it was our plan to natural multi-coloured stones to align the paths. We climbed down and crossed the very slippery and a bagful of photographs, we started our stones with utmost care of our expensive return journey.

rest of the time sitting beside Thlumuwi Falls, good option for photographers. Our journey return to Shillong. With lots of good memories



Tips and Tricks for Waterfalls Photography



Waterfalls Photography is not that challenging distance is not possible. Choice of lens also has if you know the right technique. Here are some a role on frontal diameter. The threaded filters tips to help get you started creating your own must be the same or more in diameter. The beautiful long exposure waterfall photography. **GEARS:**

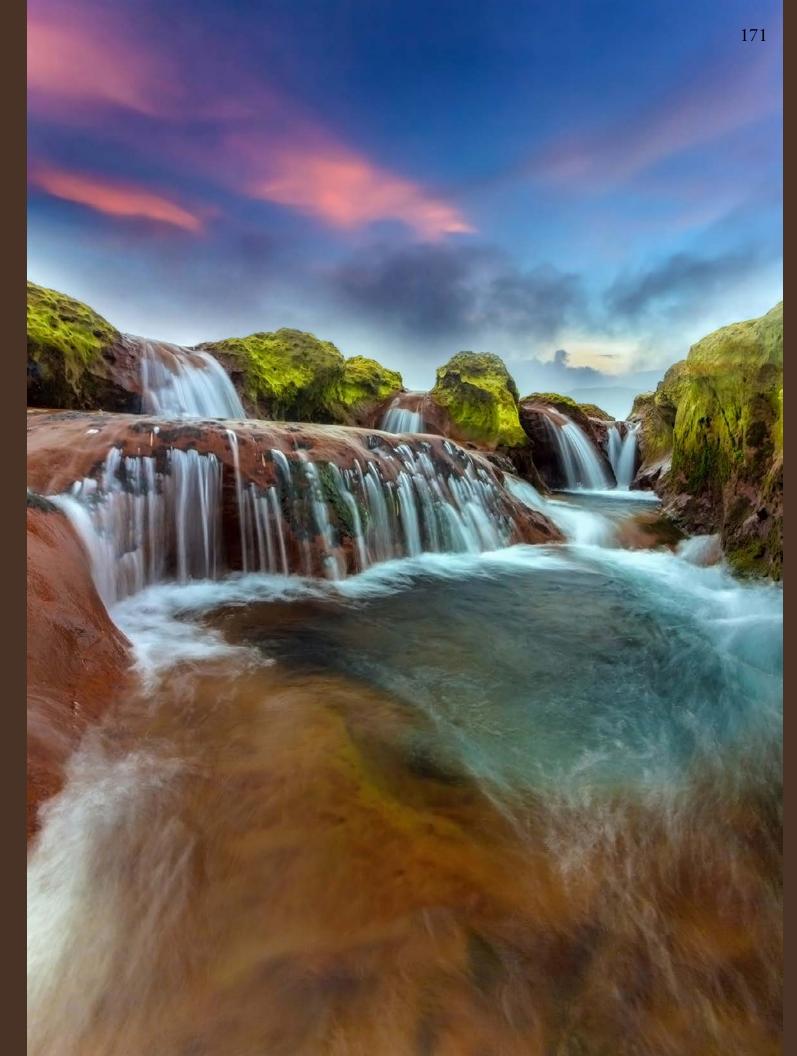
shutter speed as per the requirement is important. It may be several seconds or minutes. Any DSLR, can go fully manual and a Bulb mode present, performance, but in generic condition not a must have. The images taken in RAW format is control exposure in post processing

and telephoto lenses can be used, based on the water too! situations and the need to compose. The zoom The head must have the option to set the camera a time, physical accessibility after a certain the fixing option to make it free of movement.

Depth Of Field setting option in many lenses helps to use it more effectively. You need to use CAMERA: The camera that lets you set your the Aperture judiciously, so that you can get the sharpest image and not compromise on thr Depth Of Field. Right now, my current go-to lenses for Mirrorless or Prosumer(Bridge) camera that waterfalls are: Nikkor 16–35mm, Rokinon 14mm and 50mm

is always a good option. A Full Frame is always TRIPOD: Apart from lenses for long exposures, preferable for High Dynamic Range and Noise a tripod to stabilize your camera and make it hands-free is a must. The tripod head must have the stability to hold the camera and lens weight my choice as it gives me the ample opportunity to and must be sturdy and reliable. You often need to stand in a stream with the tripod legs under LENS: My preference is to use zoom lenses the water. This means you are at a greater risk of when photographing waterfalls. Both wide toppling the camera and lens and falling into the

helps you to do the proper framing, as many both vertically and horizontally and must have



ACCESSORIES:

NEUTRAL DENSITY FILTERS Neutral Density(ND) filters allow you to block the light coming through the lens, which tricks your camera into requiring a longer exposure time. They are very helpful for getting that silky smooth look in water images, especially on a bright sunny day. Choice of ND Filter, sometimes, is tricky, as it is based on calculations. how much light got cut and you need to compensate. Some good ND calculator apps are available to do this job for you. The challenge is, if the light condition gets changed during the planned interval, it may underexpose or overexpose the image. But under exposing is always better for post recovery.

POLARIZER FILTERS

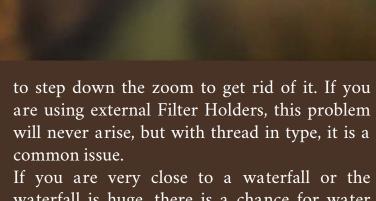
The Circular Polarizing Filters are very useful, as they allow you to reduce the reflections in the water and shiny surfaces. With proper rotation, you can reduce and virtually cut the reflection.

CABLE RELEASE/TIMER

A Cable Release is also a good investment to EXPOSURE SETTINGS help you minimize camera shake from pressing There is no specific rule on the settings. I the shutter. Right from the basic analogue to prefer to check the histogram in Live mode enhanced digital, all can work. Now-a-days to know if the image is properly exposed DSLRs are coming with WiFi and you can use with the Depth Of Field setting, keeping the your mobile to trigger the shutter. I have the aperture narrow around f/11, and change it facility in my Nikon D750. In extreme cases, you as per need. It is also recommended to keep can use your camera timer and after pressing the ISO as low as possible using your camera's it, give a few seconds to stabilize your camera native setting. Sometimes, you need to add systems. The main purpose is to avoid any ND and Polarizers, both, in front of the lens. camera shake.



But this may create vignetting and you need



waterfall is huge, there is a chance for water droplet accumulation before your lens. This may spoil your shots. Even occasional rain drops can also do the same. A few dry fabric cloths are a must carry and an umbrella to get rid of these unprecedented things.

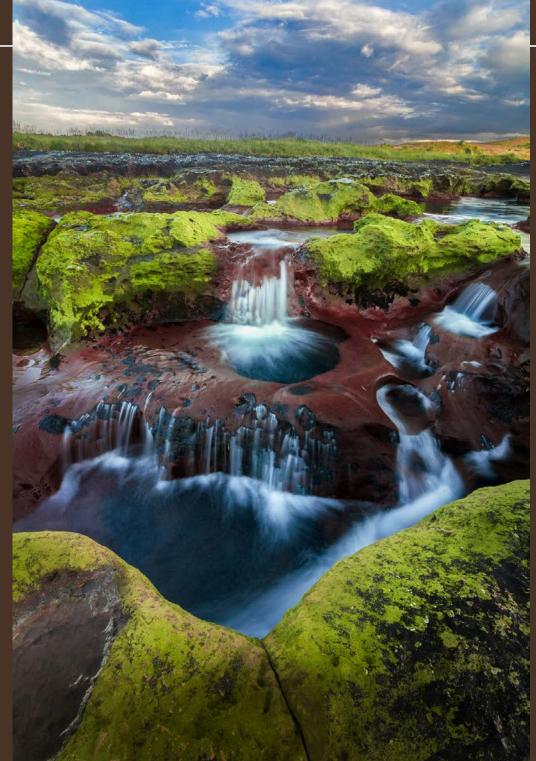
WEATHER

This is the only thing that is beyond your control, still it is best to go out on overcast days to get the exposure of the waterfall properly. On sunny days, amidst harsh light, it is difficult to control exposure, whereas a soft, diffused day will distribute the light evenly. The most preferable days are when the clouds have movement and a good texture. My preference is to include the colourful sky in waterfalls images. Sunrise and sunset are ideal times of the day to photograph waterfalls. It will add colour to the scene and the softness is also well-maintained naturally.

PRECAUTIONS

The last but not the least is to take proper precaution while shooting waterfalls. You can make a check mark of the items below for a precaution:

- Not to keep the tripod in an unstable position.
- While making movement, always keep all gears packed inside the camera bag.
- Do not rush for a spot. Wait until your steps are stable.
- Many a time, rocks are very slippery with moss and are hard to judge. Wear socks to have a good grip. Shoes and gumboots may not help you.
- Take an umbrella to have a sudden rain cover for your gear.
- Keep extra batteries, as using Live View mode will shorten your battery life.
- Avoid camera straps and make sure your Cable Release doesn't fall in water.





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Travel professionals conducting wildlife tours in India and abroad. The company is run by 2 women entrepreneurs Mrs. are wildlife photographers and jointly with an experience in the travel industry for more than 30 years. Tiger Scouts recently conducted a photography competition along with Serenity, Kanha where the Top January 2021. They intend to make this

design will interest both amateurs as well as professionals with skippers accompanying the participants. They are also a member Gaythri Devi & Ms.Samantha Iyanna who of TOF Tigers which is a collective action campaign; a global alliance to help drive nature stewardship & sustainable tourism across South Asia and beyond. You could choose from their announced tour packages or chat with them to design tailor made 15 winning contestants will be taken on tours to suit your needs. To know more an all paid trip to Kanha with 6 safaris in and to be updated on their future tours, please visit www.tigerscouts.com or get in an ongoing yearly contest. The tours they touch with 9942310000 / 9894233943.





Chestnut-bellied SANDGROUSE

Images Ankur Gohil

Text Ashish Pankhaniya



"You'll have a lot more respect for a bird after you try making a nest"

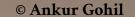
Trom simple mounds on the ground to elaborately woven structures,

goes a saying by Cynthia Lawrence.

birds' nests are makeshift but meticulously built places to raise the young. There is an extensive variety in bird nest types and architecture as there are close to 18000 species of birds. Birds go to incredible lengths to build nests that keep their chicks safe from harm. These amazing designs are a testament to the genius and resourcefulness of birds. Nests come in all types of size, design and types. They can be very carefully crafted and as intricate as a piece of fine ornament [Common Tailorbird] or they can be shabby with a splatter of leaves and sticks. They can be perfectly camouflaged or can be exhibitionistic like a Baya Weaver nest. Various purposes have been attributed to bird nests, including structural support for eggs or fledglings, protective seclusion from predators and parasites and as safeguard against environmental hazards.

This photo feature covers a bird of a scrub grassland habitat that lays its eggs on the ground.

Chestnut-bellied Sandgrouse.









Jamnagar is one of the most famous sites for birding in India mainly for waders and water birds. The city and its surroundings are studded with wetlands, sea shores, beaches, dams, islands, scrubs, saltpans, and many more sites for watching birds are full of surprises. As the breeding season ushers in many birds like Sand Larks, Little Terns, Little Ringed Plovers and many more start their perennial activity of building nests. I started my journey with nature 10 years ago and am interested particularly in native birds and their behaviour. I have been working recently on a most beautiful bird, the Chestnut-bellied Sandgrouse (Pterocles exustus). This bird is a relatively small Sandgrouse. Males are slightly larger than females in appearance. The overall plumage is light reddish brown, providing the bird with wonderful camouflage against the arid dry environment. The head and neck have an orange tinge. The underwings are dark brown. The belly region is reddish brown. The irises are black and the bare skin around the eyes is light green. The legs are short and grey in colour. The

call is a noisy and repeated "crok crok" sound and in flight emits a rhythmic three-note phrase. This species is a non-migratory, sedentary and resident bird. In Jamnagar, the population of this bird has not been quantified but the number of birds is considered to be stable.

They inhabit various natural open, dry and sparsely bushy ecosystems and sub-tropical dry grasslands. These birds are mainly dependent on seeds, grains and cereals for their feed. They require a lot of water and can fly long distances in search of water spots.

In India, the breeding season of various ground nesting birds differ from species to species. We have noticed that the Chestnut-bellied Sandgrouse breeds from the end of March to the starting of June. The nest is a scrape in the ground with scanty or no lining at all. Materials, if at all used, consists of sticks, feathers, dry grass and leaves. It usually contains two or three eggs. Both parents incubate the eggs. The hatching time is almost 15 to 25 days after laying the eggs.

As a regular birder, I have observed conservation



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activities in all the areas of Jamnagar through my binoculars and camera. I found many birds nesting in the same habitat but my main focus was the Chestnut-bellied Sandgrouse. During this observation I have found 10 pairs of Sandgrouses with 25 to 30 chicks. It was then that I decided to observe their nesting behaviours and parental care. The whole observation was carried out without disturbing the nest or the birds. After spending nearly two months observing, I really wonder how nature has created such a fascinating bird. I genuinely feel proud for witnessing their activities and reproduction. In the nest, we observed the bird laid 3 eggs. Both male and female took turns to incubate them. Here, I want to share one of the interesting findings. One day I noticed that the male was incubating the eggs. One chick had hatched and the nest contained two more eggs. Suddenly the male puffed out all its feathers and started to roll around the eggs. This movement was repeated quite a number of times and after one and half hours, one more chick came out of the egg.

All the three eggs hatched and all the chicks came out well.

Unfortunately, a few days later, human disturbance started with earth moving activities for water storage. I really wonder how many nests were destroyed. But I could notice that our Sandgrouse family relocated to an adjacent place.



Ankur Gohil is a Project Officer at Geology and Mining Department in Jamnagar, Gujarat, India. He is a very dedicated

wildlife photographer and has special interest in documenting life cycles of various birds found in and around Jamnagar.

Ashish Pankhaniya is from Jamnagar, Gujarat.

He is a dedicated birder and is civil engineer by profession.

Images Ankur Gohil Text Ashish Pankhaniya





This is my Territory! This awe inspiring image of Common Hoopoes fighting

This awe inspiring image of Common Hoopoes fighting was taken by Anirban Dutta. It won "Highly Appreciated Award" in the "Action in wildlife photography" competition organised by Wild Sojourns Magazine.

Anirban Dutta

Most Liked Image!

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Sriram Reddy

Decoding the 'Super Year'

for Biodiversity

- Rituraj Phukan





United Nations Decade on Biodiversity

WILD SOJOURNS 194

he year 2020 was destined to be a watershed for biodiversity conservation, with several high-level opportunities deterioration of nature over the next decade. It is now universally acknowledged that anthropogenic pressures including deforestation, encroachment of wildlife habitats, intensified agriculture and acceleration of climate change have pushed nature beyond its limit. The global Decade of Ecosystem Restoration. Coronavirus outbreak has made the conservation of our biological diversity both urgent and existential in the 'Super Year'. However, the genesis of this association goes back a couple of years.

Conference of the Parties to the Convention on Biological Diversity(COP14) adopted the Sharm El Sheikh Declaration, inviting the United Nations(UN) General Assembly to convene a 'Summit on Biodiversity' for Heads of State by 2020 for an international agreement on reversing the global destruction of nature and biodiversity loss threatening all forms of life on Earth.

The urgency of the biodiversity crisis led to talk for a transformational 'New Deal for Nature and People' by 2020, with the next UN Biodiversity

Conference originally scheduled to be held in China this October, for an effective strategy to halt the collapse of life on Earth. This year also enhance measures to prevent further marks the deadline for nations to agree on fresh global targets for the protection and management of forests, rivers, oceans, pollinators and other wildlife. Among other landmark decisions, COP14 also called upon the UN General Assembly to designate 2021 to 2030 as the UN

The year 2018 was also critical for understanding current and projected global threats to biodiversity and a plethora of reports this year has only added to the concerns. The Living Planet Report 2018 was a revelation, showing that In 2018, negotiators at the 14th meeting of the population sizes of wildlife had decreased by 60% globally between 1970 and 2014. Even more dismal is the Living Planet Report 2020 published some weeks back, which points to a catastrophic two-thirds decline of the global populations of mammals, birds, amphibians, reptiles and fish in less than half a century. The flagship report from World Wide Fund For Nature(WWF) includes the Living Planet Index(LPI), which shows an average 68% fall in monitored populations of mammals, birds, amphibians, reptiles and fish between 1970 and 2016.





The report also relates this unprecedented loss of biodiversity to the same environmental destruction which is contributing to the emergence of zoonotic diseases such as COVID-19. The LPI, provided by the Zoological Society of London, shows that factors believed to increase the planet's vulnerability to pandemics, including land-use change and the use and trade of wildlife, were also some of the drivers for the documented decline in global vertebrate species populations.

The October 2018 Special Report on Global Warming of 1.5°C by the Intergovernmental Panel on Climate Change(IPCC) also highlighted the comparative biodiversity impacts of 1.5°C and 2°C or more rise in global temperatures above the preindustrial levels. For instance, at 2°C, the IPCC projected that around 8% of vertebrates will lose at least half of their present range, which is two times the projections for a 1.5°C rise.

Similarly, 16% of plants would lose at least half their range at 2°C, again twice the projections for a 1.5°C rise. The IPCC report also predicted that insect populations losing out half their range at 2°C will be three times the 6% loss at 1.5°C. Coral reefs would decline by 70-90% with global warming of 1.5°C, whereas over 99% would be lost with 2°C.



Chinstrap Penguin, Antarctica © Rituraj Phukan



2020 also marks the final period for the 2011-2020 Strategic Plan on Biodiversity and its 20 Aichi Biodiversity Targets. Most importantly, it is a transitional phase for the start of two other pivotal biodiversity related decades. The with an average loss of period 2021-2030 will also be observed as the 2% globally. Across large UN Decade of Ocean Science for Sustainable swathes, marine animals UN Decade on Ecosystem Restoration. Key events scheduled during the year included the International Union for Conservation of Nature(IUCN) World Conservation Congress, the 11th World Wilderness Congress, the UN Oceans Conference and the UN Climate Change Conference. The expectations from the 'Super Year' were therefore expectedly sky-high, with a clear road map to address the rapid loss of global biodiversity.

The urgency of the climate and ecological crises is manifest in the oceans of the world, leaving marine species gasping for air. It is a fact that 90% of the extra heat trapped by man-made global warming pollution goes into the oceans, with profound impacts on marine life. Global warming is making naturally occurring, low-oxygen areas larger, exacerbating coastal nutrient-driven 'dead zones' and increasing the extent of these areas.

Oxygen levels in some tropical regions have dropped by a startling 40% in the last 50 years

Walrus, Svalbard

© Rituraj Phukan

Development besides being designated as the are being increasingly deprived of oxygen, making deoxygenation the most alarming issue for marine biodiversity.

Ocean acidification is another factor associated

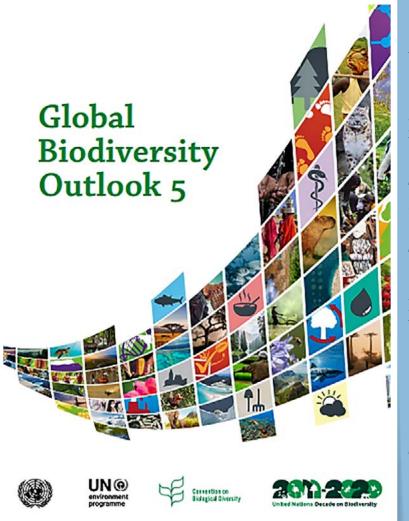
oceans are now 30% more acidic, on an average, with rapid documented declines of marine than they were before the industrial revolution. wildlife. Studies have pointed out that the world's Acidic water is dissolving the shells of tiny freeswimming marine snails that provide food for Pink Salmon, Mackerel and Herring, leading to a cataclysmic ecosystem collapse.

Coral reefs are among the most diverse ecosystems on the planet and the past 12 years has been disastrous for the 'rainforests of the sea'. When the water is too warm, corals expel the algae called zooxanthellae living in their tissues, causing the coral to turn completely white. This is called coral bleaching and continued bleaching has caused reefs to die in many places around the world. The three mass bleaching events ever recorded, have happened since 1998, with over half of the Great Barrier Reef, the world's largest structure made by living organisms, wiped out between 2014-2017.





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In January this year, the Convention on Biological Diversity(CBD) declared that we only have ten years to save the biodiversity on Earth. The 'Zero Draft of The Post-2020 Global Biodiversity Framework' stated that almost a third of the planet has to be protected, while pollution has to be reduced to half of current levels, to save our remaining wildlife, and all of this by the year 2030! The 'Zero Draft' was scheduled to be adopted at the CBD Conference of the Parties(COP15) at Kunming in October, now postponed till next year. The CBD recently released the Global Biodiversity Outlook 5(GBO-5), its final report card on progress of the Aichi Biodiversity Targets. Ten years back, in 2010, the international community adopted the Strategic Plan for Biodiversity 2011-2020. The mission of the plan and its Aichi Biodiversity Targets was to halt biodiversity loss and ensure that ecosystems continued to provide essential services. None of the Aichi Biodiversity Targets will be fully met, in turn threatening the achievement of the Sustainable Development Goals(SDGs) and undermining efforts to address climate change.





Humanity stands at a crossroads with regards to the legacy it leaves to future generations. is fundamental to human well-being and a Biodiversity is declining at an unprecedented rate and the pressures driving this decline The Biodiversity Convention aims to stabilize are intensifying. The COVID-19 pandemic has further highlighted the importance of the of fragile ecosystems by 2050, aligned to its vision relationship between people and nature and it reminds us all of the profound consequences to our own well-being and survival that can result from continued biodiversity loss and the degradation of ecosystems. The latest CBD report has called for urgent action to address the accelerating decline of nature and outlined eight transformative changes to ensure human wellbeing and planetary health.

As a signatory to the CBD, most nations of the world are committed to the preservation of vital habitats to stop the catastrophic loss of biodiversity in ten years, as envisaged in the 'Zero Draft'. This commitment will require creation and regeneration of new protected areas, to meet the target of protecting 30% of land and of the sea, prioritizing areas of abundant biodiversity.

"Biodiversity and the benefits it provides healthy planet", proclaimed the 'Zero Draft'. biodiversity by the year 2030 and effect recovery of 'living in harmony with nature'. Similar targets were set up for 2020 after COP10 in 2010, but these have failed completely!

In February, before the pandemic forced a sweeping postponement of global events, the first ever World Biodiversity Forum was held at Davos to facilitate research, including citizen science, integrate biodiversity in all assessments, policy decisions and actions affecting human well-being, integrate biodiversity solutions with climate change interventions to ensure synergies between actions on climate and biodiversity and work towards ecological integrity maintaining and restoring natural processes into biodiversity targets in a changing future. This will remain as one of the main areas of progress for the truncated year, after the postponement of other scheduled events till next year.





The emergence of COVID-19 has underscored biological diversity. The EIA was set up in the Today, it is estimated that, globally, about a billion cases of illness and millions of deaths occur every year from diseases caused by coronaviruses; and about 75% of all emerging infectious diseases in humans are zoonotic, meaning they are transmitted to people by animals. Ironically, increased realization of these circumstances was expectedly leading to collective, decisive action Further, by the global leadership.

the fact that, when we destroy biodiversity, we mid-1990s as a legal framework under the destroy the system that supports human life. Environmental Protection Act 1986, to safeguard local communities from the environmental and socio-economic impacts of projects that access and utilize natural resources and provided a platform for public consultation in development decision-making. Contrary to the spirit of the Act, the draft EIA 2020 seeks to dilute these same this has happened in the 'Super Year', where the environmental regulations to facilitate ease of doing business in India.

the Nationally Determined Contributions(NDC) made by India under the For India, the 'Super Year' might turn out to be Paris Agreement includes a commitment to the most damaging, with the draft Environment creation of a cumulative carbon sink of 2.5 to Impact Assessment Notification 2020(EIA2020) 3 billion tonnes of carbon dioxide by 2030 and emerging as the Sword of Damocles over India's India's own stated goal to bring at least 33% of

its land areas under green cover, up from the strengthening natural defenses. current 24.5%. India's National Forest Policy 2018 also aspires for one-third of total land area under forest and tree cover to achieve the national goal for eco-security. The EIA2020 seeks to throw open the last vestiges of our timeless natural heritage to exploitation and annihilation. Contrary to the expectations, India has sought to weaken the protection measures for India's biodiversity, instead of strengthening them.

On Earth Day, 22 April, a first of its kind guide, 'Mitigating biodiversity impacts of sports events' for organizers of international sports events was launched by the IUCN. This pioneering vision document has been prepared by the IUCN in

collaboration with the International Olympic Committee(IOC). Any sports event depends on a healthy natural environment and their organizers should take concrete steps to protect it, the IUCN said in a press note. The guide offers advice to sports event organizers on how to reduce the impact on biodiversity and promote its conservation throughout all phases of event planning.

In the middle of the debate over the EIA2020, vindication of the demand for protection of India's remaining natural heritage came from the government agencies involved in preparation of the first ever climate change assessment for India. This June 2020 publication presented a grim analysis of observed changes and future projections of warming impacts including precipitation changes, temperature rise, droughts, sea level rise and extreme weather events. India's move to dilute existing environmental laws is contrary to the prevalent global narrative of

The Living Planet Report 2020 includes pioneering modelling which shows that without further efforts to counteract habitat loss and degradation, global biodiversity will continue to decline. Based on a paper, 'Bending the curve of terrestrial biodiversity needs an integrated strategy', co-authored by WWF and published in Nature, the research makes it clear that stabilizing and reversing the loss of nature caused by humans' destruction of natural habitats will only be possible if bolder, more ambitious conservation efforts are embraced along with transformational changes in food production and consumption.





The GBO-5 outlines eight major transitions needed to slow, then halt nature's accelerating decline. These transitions include conservation and restoration of ecosystems, redesigning agricultural systems, sustainable food systems, aquaculture management, deploying "green infrastructure", integrated water management, sustainable climate action employing nature-based solutions, alongside a rapid phase-out of fossil fuel use, to reduce the scale and impacts of climate change, while providing positive benefits for biodiversity and other sustainable development goals and a biodiversity-inclusive approach to promote healthy ecosystems and healthy people.

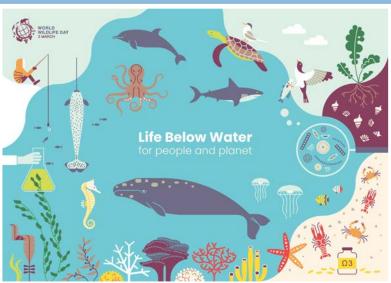
As a species, humanity has overlooked the web of life and sought to destroy the very ecosystems that sustain life on earth. Therefore, nature is sending us a message. If these warnings are ignored, the future generations will face grave consequences of human folly and ignorance. Biodiversity is the foundation that supports all life on land and below water. It affects every aspect of human health, providing clean air and water, nutritious foods, scientific understanding and medicine sources, natural disease resistance and climate change mitigation. From all indications, it will not be long before the catastrophic loss of biodiversity will have severe implications on human civilization, including the collapse of food and health systems. Despite the setbacks during





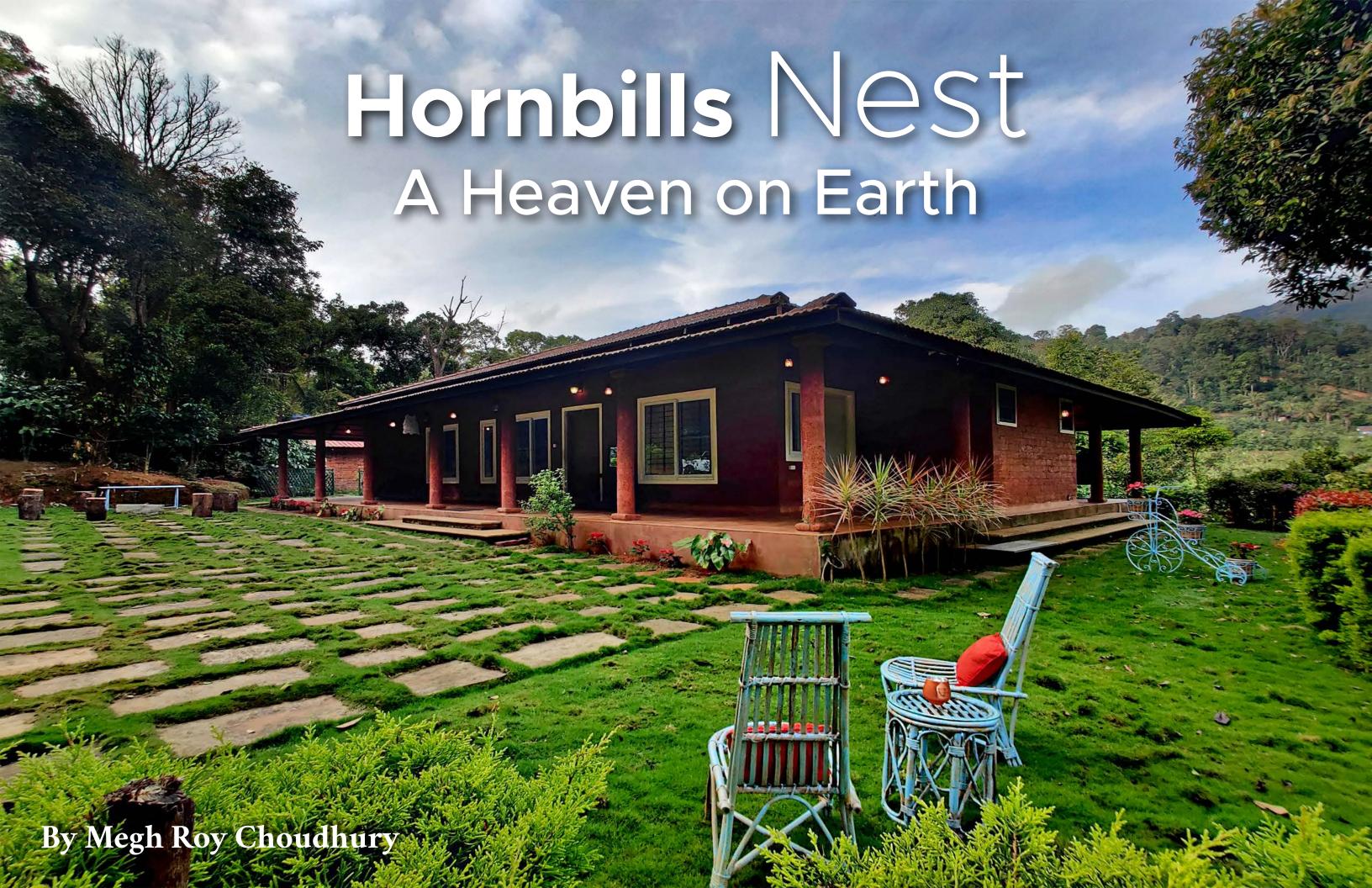
2020, the envisioned roadmap for biodiversity has already been scripted and therefore, the 'Super Year' will remain etched in the annals of human history.





Rituraj Phukan

"Rituraj Phukan is an environmental writer with personal experience of climate change impacts in the polar regions. He is the National Coordinator for Biodiversity, The Climate Reality Project India, Secretary General of Green Guard Nature Organization & member, IUCN. He has worked extensively on the interconnected issues of global warming, water and wildlife and he has been invited to share his learnings with audiences around the world."





The Hornbills Nest, an alluring homestay at Parvati Valley Estates, a property in the Western Ghats at Muvathokulu, a place on the fringes of the Pushpagiri Wildlife Sanctuary close to Madhapur which is about 18 kms from Madikeri on the Madikeri–Somwarpet Road in Kodagu(Coorg), India. This property is blessed to be adjoining the Bhadrakali Devarukadu Forest, named after the deity of the temple of the same name. This is how the property was named Parvati Valley Estates.

How to Reach

Hornbills Nest is accessible by road, 116 kms from Mysore [2 hrs] and 254 kms from Bangalore [4-5 hrs].

Closest airport Kannur International Airport is 115 kms.

Contact info:

Website: https://hornbillsnest.in/

Mail id- enquiry@hornbillsnest.in

Contact #9113687113

A few places to visit near Hornbills Nest Kote Betta [12 kms] Kote Betta is located in Madhapur, which is in between Somwarpet and Madikeri. A beautiful drive with a lovely view, nice place to trek with an ancient Lord Shiva temple at the top.

A drive to the Harangi Backwaters [31 kms]

The Harangi Reservoir is formed by a masonry dam built across the river Harangi, a tributary of the Kaveri River.

Mandalpatti [37 kms]

Overlooking the grassy knolls of Pushpagiri Forest in the Western Ghats, Mandalpatti is a spectacular and unique vantage point in Coorg, Karnataka. Huddled at an altitude of 1800m, this place mesmerises all those who visit it with some of the most gorgeous hillscapes that you have ever seen!

Abbey Falls [25kms]

Nestled within the lush greenery of the Western Ghats in Coorg is the spectacular Abbey Falls, with water cascading down from a height of 70 feet. The rugged terrain of the boulders of the waterfall is juxtaposed well by the neighbouring coffee and spice plantations, bringing new life to the aura of this mystical waterfall.

Raja Seat [23 kms]

If you are in Madikeri, the relaxing venue for the Kings of Kodagu, the view from this spot is unparalleled even today. The breathtaking

view of the sun setting into the undulated mountains is captivating.

Golden Temple (Namdroling Monastery) [33 kms]

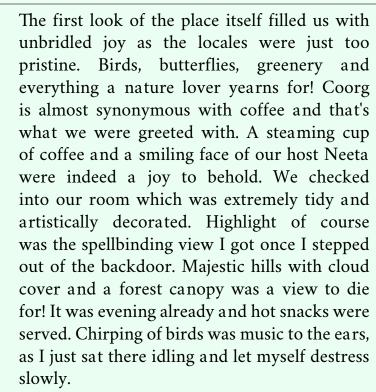
The famous Namdroling Monastery is situated just 6 kms from the town of Kushalnagar and 35 kms from Madikeri. It belongs to the Sangha community. The temple is termed "golden" because of the golden work done on every painting. It is a typical Tibetan monastery and is presided over by a 18 metres high goldplated idol of Lord Buddha.

Dubare Elephant Camp [34 kms]

Once an important camp of the Karnataka Forest Department, the Dubare Elephant Camp, now run by private players, is an ideal destination to learn about the various aspects of the history, ecology and biology of elephants, as well as see a large number of Asiatic Elephants stroll peacefully as they enjoy their natural habitat.



Nov-Dec 2020



As night approached, we gathered around the and was sumptuous. The best part I loved was our fellow guests. Dinner was a mix of local traditional cuisine as well as the regular dishes



campfire and shared our experiences with viewing the Milky Way Galaxy while lying down on the lawn at night as the fireflies darted in and out of my vision.



Tf you are looking to get away from the enthusiast, I have travelled to many places. ■ lap of nature for a few days, Hornbills Nest, a quaint homestay, nestled amidst the verdant Western ghats is just the place tailor-made for you. A weekend getaway, a romantic jaunt, a birding trip or a scope to unwind oneself can when my dearest friend, Neeta Kiran invited all get seamlessly rolled into a single excursion here.

As a wildlife photographer and an avid travel



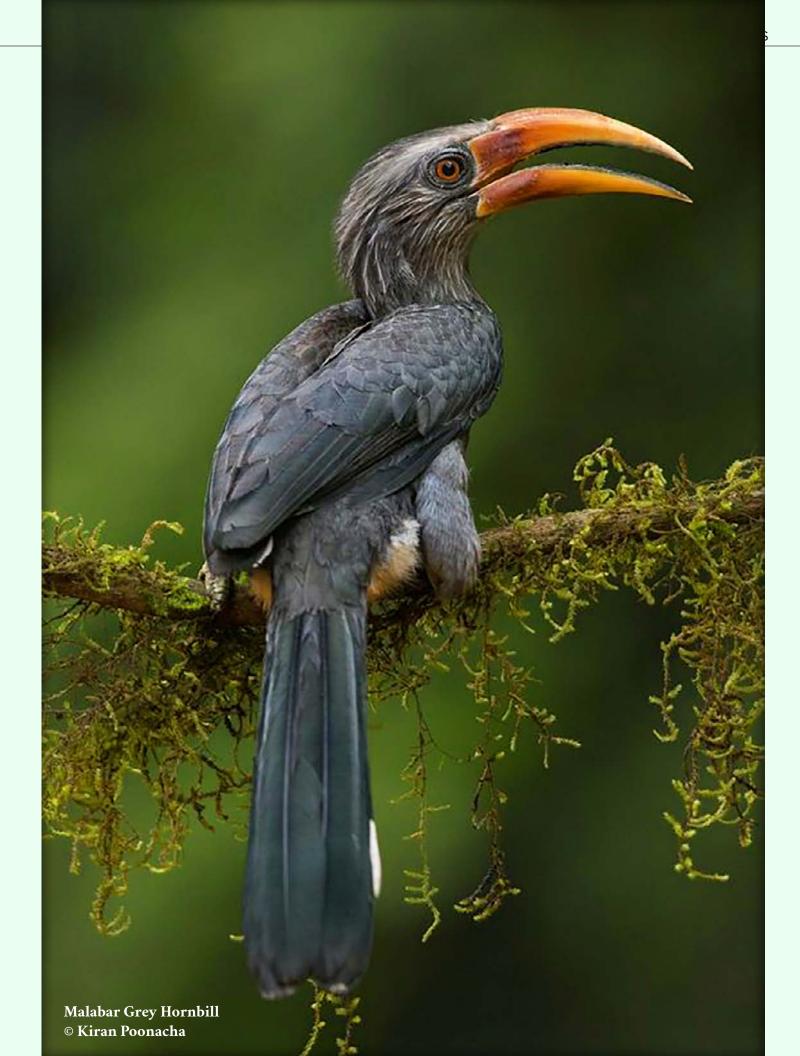
hustle and bustle of city life and relax in the Normally, whenever it is a wildlife trip, the facilities are quite spartan and a luxury trip more often than not is devoid of the chances of doing wildlife photography.

> I was looking for a place which is a bit of both me to this place. We drove from Bengaluru via NH 75. The 145 kms on the highway, till we turned left at Channarayapatna, is one of the best drives I have ever had on an Indian road. The roads were in good condition throughout. The topography changed once we reached Shanivarasanthe, a small town 70 kms from Channarayapatna.

Winding rounds, lush greenery, gurgling streams and pleasant, unpolluted air made the last 40 kms a very unforgettable ride. We wound through the sprawling coffee estates and smaller country roads, and finally reached Hornbills Nest.











Another observatory has been created in the form of a waterhole where the images can be clicked at eye level. We encountered Black-headed Munia, Malabar Whistling Thrush, Blue-throated Blue Flycatcher, Puff-throated Babbler, Spotted Dove, Emerald Dove, Indian White-eye(formerly Oriental White-eye), etc. There are a lot of herping opportunities around too and you can see species like Malabar Pit Viper, Green Vine Snake, Coral Snake, etc.



I spent the rest of the day, after a lavish breakfast, just lazing out. If you want to be closer to nature, you can walk around through the coffee estates or go for a small trek. You can also visit streams close by that are inhabited with the endangered Wayanad Mahseers. You can even pack a lunch and have a picnic.











I spent three days and two nights here and left the place in an extremely refreshed mindset. I carry in my heart the sweet memories I had here, forever. The incredible hospitality shown by Neeta and Sarah was indeed very endearing. Food was excellent throughout and was cooked to perfection. I being an ardent foodie, was ecstatic as I could taste a lot of local delicacies. Beautifully located and wonderfully looked after, this homestay gives you all you have ever craved for in a holiday.



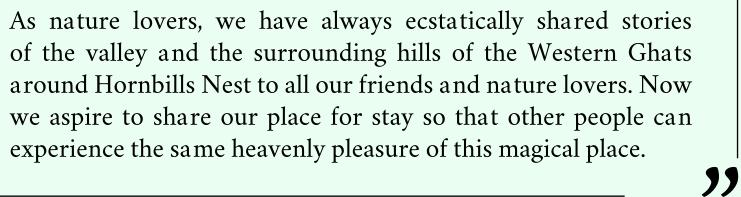
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Neeta Kiran, Kiran Poonacha & Sarah





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